

24 Hours (24 시간이 모자라)

COPPERKNOB
STEP SHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: SoonYoung-Bae (KOR) - July 2022
音樂: 24 Hours (24 시간이 모자라) - SUNMI (선미)



* Intro : 16c (start on vocal)

* Bridge(32c) : After the end on 8 Wall and first Tag, start Bridge(12:00)

* No Restart

* Tag(4c):

1) After the end on 8 Wall(12:00) -> slow tempo

2) After then end on 9 Wall(6:00) -> Fast tempo

>>MAIN DANCE

S1[1-8] FWD, HOLD, BALL, FWD, KICK, WALK BACK * 2, COASTER(12:00)

1 2 step RF forward, hold
&3 ball step LF beside RF, step RF forward
4 kick LF forward
5 6 walk back LF-RF
7&8 step LF back, ball step RF beside LF, step LF forward

S2[9-16] CROSS SAMBA(R-L), CROSS, 1/4 R BACK, CHASSE R(3:00)

1&2 cross RF over LF, rock LF side to L, step RF in place
3&4 cross LF over RF, rock RF side to R, step LF in place
5 6 cross RF over LF, 1/4 LF back(3:00)
7&8 step RF side to R, ball step LF beside RF, step RF side to R

S3[17-24] CROSS, HOLD, SIDE, CROSS, KICK DIAGONAL R, BEHID, SIDE, CROSS SHUFFLE(3:00)

1 2 cross LF over RF, hold
&3 ball step RF side slightly, cross LF over RF
4 kick RF diagonal forward R
5 6 step RF behind LF, step LF side to L
7&8 cross RF over LF, ball step LF side slightly, cross RF over LF

S4[25-32] SIDE, HOLD, BALL, SIDE, TOUCH, 1/4 R FWD, 1/4 R SIDE, KICK-BALL-CHANGE(9:00)

1 2 step LF side to R, hold
&3 ball step RF beside LF, step LF side to R
4 touch RF beside LF
5 6 1/4 R RF forward(6:00), 1/4 R LF side to L(9:00)
7&8 kick RF forward, ball step RF beside LF, step LF in place

>> BRIDGE (32C)

S1[1-8] DIAGONAL L FWD, TOGETHER, FWD, HITH WITH 1/4 R TURNING, DIAGONAL R FWD, TOGETHER, FWD, HITCH WITH 1/8 L TURNING(12:00)

1 2 step RF diagonal L forward(10:30), step LF beside RF
3 4 step RF forward, hitch LF with 1/4 R turning(1:30)
5 6 step LF diagonal R forward(1:30), step RF beside LF
7 8 step LF forward, hitch RF with 1/8 L turning(12:00)

S2[9-16] CROSS – SIDE POINT(R-L), FWD ROCK, RECOVER, COASTER(12:00)

1 2 cross RF over LF, LF toe point to L
3 4 cross LF over RF, RF toe point RF to R
5 6 rock RF forward, step LF in place
7&8 step RF back, ball step LF beside RF, step RF forward

S3[17-24] FWD SHUFFLE, FWD ROCK, RECOVER, 1/2 R SHUFFLE, 1/4 R SIDE, TOUCH(9:00)

1&2 step LF forward, ball step RF beside RF, step LF forward
3 4 rock RF forward, step LF in place
5&6 1/2 R RF forward(6:00), ball step LF beside RF, step RF forward
7 8 1/4 R LF side to L(9:00), touch RF beside LF

S4[25-32] BACK -TOE TOUCH FWD *2, BACK ROCK, RECOVER, KICK-BALL-CHANGE(9:00)

1 2 step RF back, LF toe touch forward
3 4 step LF back, RF toe touch forward
5 6 rock RF back, step LF in place
7&8 kick RF forward, ball step RF beside LF, step RF forward slightly

***TAG(4c)**

S[1-4] SIDE – TOUCH(R-L)

1 2 step RF side to R, touch LF beside RF
3 4 step LF side to L, touch RF beside LF

Dance Is The Best Play! Have Fun! ☐

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