

Hold On Tight To Me

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Advanced
編舞者: Hiroko Carlsson (AUS) - July 2022
音樂: Hold On Tight (feat. Donna Tella) - Hoang : (Spotify)



Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)

(Dance starts on lyrics)

[S1] Step-Pivot 1/2L, Step-Pivot 1/2L-Full Turn-1/4L Side-1/8L Together, Fwd, Run-Run

- 1 2 Step forward on R, Make a ½ turn left recover weight on L (6:00)
3 4& Step forward on R, Make a ½ turn left recover weight on L (12:00), Make a ½ turn left stepping back on R (6:00)
5 6& Make a ½ turn left stepping forward on L (12:00), Make a ¼ turn left stepping R to the side (9:00), Make a 1/8 turn left stepping L next to R (7:30)
7 8& Step forward on R, Run forward on L-R (8&)

[S2] Step-Pivot 1/2R, Triple 7/8R Turn, Toe Push w/ Hip Bump R-L

- 1 2 Step forward on L, Make a ½ turn right recover weight on R (1:30)
3&4 Make a ½ turn right stepping back on L (7:30), Make a 3/8 turn right stepping R beside L (12:00), Step forward on L
5&6 Touch diagonally forward on R toe/bump hips right and up, Return hips, Drop R heel
7&8 Touch diagonally forward on L toe/bump hips left and up, Return hips, Drop L heel

[S3] Kick, Ball, 1/4R Side, Coaster Step, Kick-Ball-Cross-1/8L-Fwd (Rock)

- 1 2 3 Kick forward on R, Ball step R in place, Make a ¼ turn right stepping L to the side (3:00)
4&5 Step back on R, Step L next to R, Step forward on R
6& Kick diagonally forward on L, Ball step L in place
7&8 Cross R over L, Making a 1/8 turn left step L close to R (1:30), Rock forward on R

[S4] Back w/Sweep, Back w/ Sweep, Sailor 5/8R-Cross Dip, 1/4R, 1/2R, Back Rock

- 1 2 Step/push back on L sweeping R out to the side, Step back on R sweeping L out to the side
3&4 Make a 5/8 turn right stepping L behind R (6:00), Step R to the side, Cross L over R /dipping down
5 6 Make a ¼ turn right stepping forward on R (9:00), Make a ½ turn right stepping back on L (3:00)
7 8 Rock back on R, Replace weight on L

TAG: 4 counts Tag at the end of Wall 4 (12:00) and Wall 9 (3:00) – R Rocking Chair

- 1 2 Rock forward on R, Replace weight on L
3 4 Rock back on R, Replace weight on L

Ending suggestion; The last wall finishes facing 6:00.
Make a 1/2 turn left stepping back on R (12:00)

(updated: 5/July/22)