

Buckle Bunny

拍數: 48 牆數: 2 級數: Phrased Improver
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音樂: Buckle Bunny - Roosevelt Road



Sequence: AABBC, AABBC, AA

Intro: 12 seconds

Part A

[1-8] KICK, STEP FORWARD, SIDE POINT, KICK STEP FORWARD SIDE POINT, HEEL SWITCHES, SCUFF FORWARD, STOMP DOWN

1&2 R kick forward, R step forward, L side point
3&4 L kick forward, L step forward, R side point
5&6& R heel touch forward, R steps besides L, L heel touch forward, L steps besides R
7,8 R scuff forward, R stomp forward

[9-16] R HIP BUMP X2, L HIP BUMP X2, STEP FORWARD AND FULL HIP ROLL WITH ¼ TURN X2

1&2 R hip bump, L hip bump, R hip bump
3&4 L hip bump, R hip bump, L hip bump
5,6 R step forward as you do a full hip roll from L to R to L with a ¼ turn L
7,8 R step forward as you do a full hip roll from L to R to L with a ¼ turn L

Part B

[17-24] BALL TOUCH, STEP FORWARD X4, SYNCOPATED ROCKING CHAIR, ½ TURN HIP BUMPS X2

1&2& R ball touch forward, step down onto R, L ball touch forward, step down onto L
3&4& R ball touch forward, step down onto R, L ball touch forward, step down onto L
5&6& R ball rock forward, recover back on L, R ball rock back, recover ahead on L
7&8& ½ turn L with R hip bump, recover on L, ½ turn L with R hip bump, recover on L

[25-32] SIDE ROCK/RECOVER/CROSS X2, ¼ TURN LOCK, ¼ TURN ROCK BACK, RECOVER, STEP FORWARD

1&2 R side rock, recover on L, R cross over L
3&4 L side rock, recover on R, L cross over R
5,6 ¼ turn R with R lock behind L, ¼ turn R with L rocking back
7,8 R recover ahead on R, step left foot forward

~Styling: change L rocking back to hopping back with L and hitch forward with R (clapping under hitched leg optional), following with a walk forward R,L~

Part C

[33-40] HOP FORWARD, DROP X3, BOOTY SHAKE/CHEST POP X4

1 Hop forward with feet to the side
2,3,4 Squat down dropping down lower with each count
5,6,7,8 Shake your bum/gluteus maximus/backside/rump/rear/tushie or have closed fists in front of your chest for chest pops for each counts

[41-48] SHOULDER LEANS WHILE RISING, WALK BACK X4

1,2,3,4 Lean leading with shoulders while rising R/L/R/L
5,6,7,8 Walk back R/L/R/L besides R

~Style: "Bernie Lean" or shimmy while walking back~

Last Update: 12 Jul 2022

