

Lao A Lao

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Riyu (INA) - July 2022
音樂: Lao' a Lao' - Prince Royce



Tag : After wall 5 (4 counts)
Restart : On wall 9 (After 16 counts)

Start Dance After Intro 12 counts (on lyric)

Section 1. SIDE - TOUCH

1-2 Step R to right side, step L beside R
3-4 Step R to right side, step L side touch
5-6 Step L to right side, step R beside L
7-8 Step L to right side, step R side touch

Section 2. SWAY - HEEL - TOUCH

1-2 Step R weight on both feet sway hips to R, step L Sway hips L heel
3-4 Step L weight on both feet sway hips to L, step R sway hips R heel
5-6 Step R weight on both feet sway hips to R, step L Sway hips L heel
7-8 Step L weight on both feet sway hips to L, step R sway hips R touch

Section 3. FORWARD SHUFFLE - MAMBO - BACK - CLOSE

1&2 Step forward on R, step forward L beside R, step forward on R
3&4 Step forward on L, step forward R beside L, step forward on L
5&6 step R forward on R, step L in place R, R close together
7-8 Step back on L, recover on R

Section 4. MAMBO - BACK - FORWARD - TURN LEFT - SLIDE

1&2 Step L backward on L, step R in place L, L close together
3-4 Step forward on R, recover on L
5-6 Step R forward on R, 1/4 turn L, step L to side weight on slide toward standing foot
7-8 Step R beside L, step L beside R

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