

Irish

拍數: 64 牆數: 4 級數: Phrased Intermediate
編舞者: Angéline Fourmage (FR) - 3 July 2022
音樂: Irish - Monoir



Start: 5 s. approximately (On the lyrics) 8counts

Sequence: A-A-B-A-A-B-A-A-A(For the end of dance make Sailor Step ½ R)

PART A (32 Counts)

[1-8] Triple-Step, Kick, Ball, Change, Triple-Step, Kick, Ball, Change

1&2 LF FW, RF next to LF, LF FW
3&4 Kick RF FW, RF next to LF, LF next to RF
5&6 RF FW, LF next to RF, RF FW
7&8 Kick LF FW, LF next to RF, Touch RF next to LF

[9-16] Rock Step, Weave, Rock Step, Weave

1-2 RF to the R side, Recover to LF
3&4 Cross RF behind LF, LF to the L side, Cross RF over LF
5-6 LF to the L side, Recover to RF
7&8 Cross LF behind RF, RF to the R side, Cross LF over RF

[17-24] Back, ½ L, Paddle-Turn ½ L, Heel, Together, Heel, Together, Point, Together, Point

1-2 RF Back, Make ½ L with LF FW
3-4 Point RF to the R side with ¼ L, Point RF to the R side with ¼ L
5&6& Touch R heel FW, RF next to LF, Touch L heel FW, LF next to RF
7&8 Point RF to the R side, RF next to LF, Point LF to the L side

[25-32] Out, Out, Hold, Rocking-Chair, Sailor-Step ¼ R

&1-2 LF Back on L diagonal, RF Back on R diagonal (weight is on LF), Hold
3-4 RF Back, Recover to LF
5-6 RF FW, Recover to LF
7&8 Sailor-Step ¼ R (Cross RF behind LF, Make ¼ R with LF Back, RF FW)

PART B (32 Counts)

[1-8] Vine, Touch, Vine, Touch

1-2 LF to the L side, Cross RF behind LF
3-4 LF to the L Side, Touch RF next to LF
5-6 RF to the R Side, Cross LF behind RF
7-8 RF to the R Side, Touch LF next to RF

[9-16] Back, Swivel ¼ L, Swivel ¼ R, Coaster-Step, Kick, Kick, Back, Together

1-2 LF Back, Swivel ¼ L
3-4& Swivel ¼ R (Weight is on LF), RF Back, LF next to RF
5-6 RF FW, Kick LF FW
7-8& Kick LF to the L side, LF Back, RF next to LF

[17-24] Step Forward, Bounces ½ R, Step Forward, Sweep, Step Forward, Sweep, Cross, Back, ¼ R

1&2 LF FW, Turn ¼ R with heel up, heel down
&3-4 ¼ R with heel up, heel down (weight is on LF), RF FW with L sweep from back to the front
5-6 LF FW with R sweep from back to the front, cross RF over LF
7-8 LF Back, Make ¼ R with RF to the R side

[25-32] Weave, ¼ R

- 1-2 Cross LF over RF, RF to the R side
- 3-4 Cross LF behind RF, RF to the R side
- 5-6 Cross LF over RF, RF to the R side
- 7-8 Cross LF behind RF, Make $\frac{1}{4}$ R with RF FW

Smile and enjoy the dance

Contact: maellynedance@gmail.com
