

# Mama Said

COPPER KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Daisy Simons (BEL) - July 2022  
音樂: This Is What My Mama Said - Jack & The Jillaroo



Also: Dit Is Wat Mijn Mama Zei by Metejoor

Intro: 16 counts

## SIDE-BEHIND & HEEL & CROSS (RIGHT & LEFT)

1-2      Step Right to right side, cross Left behind Right  
&3      Step Right slightly back, touch Left heel to left diagonal  
&4      Step Left back, cross Right over Left  
5-6      Step Left to left side, cross Right behind Left  
&7      Step Left slightly back, touch Right heel to right diagonal  
&8      Step Right back, cross Left over Right

## SHUFFLE 1/4 TURN R FWD, CHASSE 1/4 TURN R, SAILORSTEP, L TOUCH BACK, 3/4 TURN L

1&2      Step Right ¼ turn right forward, step Left next to Right, step Right forward (3:00)  
3&4      Step Left ¼ turn right to left side, step Right next to Left, step Left to left side (6:00)  
5&6      Cross Right behind left, step Left to left side, step Right to right side  
7-8      Touch Left behind Right, make ¾ turn left (weight on Left) (9:00)

## ROCK FWD, RECOVER, COASTERSTEP, WALK, WALK, SHUFFLE FWD

1-2      Rock Right forward, recover weight to Left  
3&4      Step Right back, step Left next to Right, step Right forward  
5-6      Step Left forward, step Right forward  
7&8      Step Left forward, step Right next to Left, step Left forward

## PIVOT 1/4 TURN L, CROSS SHUFFLE, 1/4 TURN R, 1/2 TURN R, SHUFFLE FWD

1-2      Step Right forward, make ¼ turn left (6:00)  
3&4      Cross Right over Left, step Left to left side, cross Right over Left  
5-6      Step Left ¼ turn right back, step Right ½ turn right forward (3:00)  
7&8      Step Left forward, step Right next to Left, step Left forward

Start again.

Tag 1: after wall 2 (6:00) & wall 4 (12:00):

### STEP FWD, BOUNCE HEEL X 3

1      Step Right forward  
2-4      Bounce Right heel over 3 counts (weight on Left)

Tag 2: after wall 3 (9:00):

### ROCKING CHAIR

1-2      Rock Right forward, recover weight to Left  
3-4      Rock Right back, recover weight to Left

Ending: at the end of wall 10 (6:00) add Pivot 1/2 Turn L (12:00)

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