

# Chirp and Trill

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Urban Danielsson (SWE) - July 2022  
音樂: For the Birds - Aaron Raitiere



#16 counts intro, easy restart on wall 4 and 8 (facing front)

## Section 1: Heel, hook, step-lock step, heel, hook, step-lock step

- 1 – 2      Touch right heel diagonally forward, hook right heel to left shin  
3&4      Step right diagonally forward (1:30), lockstep left behind of right foot, step right foot forward (1:30)  
5 – 6      ¼ turn left touch left heel diagonally forward, hook left heel to right shin (10:30)  
7&8      Turn 1/8 left step left foot forward (9:00), lockstep right behind of left foot, step left foot forward

## Section 2: Rock, recover, back-lock step, back-lock step, rock, recover

- 9 – 10      Rock right foot forward, recover weight onto left  
11&12      Step right foot back, lockstep left foot in front of right, step right foot back  
13&14      Step left foot back, lockstep right foot in front of left, step left foot back  
15 – 16      Rock right foot back, recover weight onto left

Restart: Restart here on wall 4 and 8 (facing 12:00)

## Section 3: Side, together, shuffle forward, side, behind, chasse left

- 17 – 18      Step right foot to right side, step left next to right  
19&20      Step right foot forward, step left foot next to right, step right foot forward  
21 – 22      Step left foot to left side, step right foot behind of left  
23&24      Step left foot to left side, step right next to left, step left foot to left side

## Section 4: Cross rock, recover, chasse right, jazz box with touch

- 25 – 26      Cross-rock left over right, recover weight onto left foot  
27&28      Step right foot to right side, step left next to right, step right to right side  
29 – 30      Cross left foot across in front of right, step back in right foot  
31 – 32      Step left foot to left side, touch right toes next to left

RESTART and ENJOY!

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