

The Girl on a Motorcycle (La Fille a la Moto)

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 1 級數: Beginner
編舞者: Russell Breslauer (USA) - July 2022
音樂: La fille à la moto - Dani



Walls:1 (can be modified to 4)

HEEL BOUNCE HEEL BOUNCE COASTER x 2

&1-&2 Lift Right heel, bounce Right heel, Lift Right heel, bounce Right heel
3&4 Step back on Right, Left next to right, Forward on Right
&5-&6 Lift Left heel, bounce Left heel, Lift Left heel, bounce Left heel
7&8 Step back on Left, Right next to left, Forward on Left

FORWARD FORWARD CROSS BACK BACK x 2

1-2 Step forward with Right, Left
3&4 Step Right across left, Back on Left Right
5-6 Step forward with Left, Right
7&8 Step Left across right Back on Right, Left

HIP HIP SIDE SHUFFLE RIGHT AND LEFT

1- 2 Step Right to right with hip movement, Left to left with hip movement
3&4 Step Right to right, step on Left next to right, Right to right
5- 6 Step Left to left with hip movement, Right to right with hip movement
7&8 Step Left to left, Right next to left, Left to left

SIDE ROCK 1/2 TURN SHUFFLE x 2

1- 2 Step Right to right, Left to Left (with side flicks if desired)
3&4 Make a 1/2 turn right with Right, Left, Right (or 1/4 1/4 together)(6:00)
5- 6 Step Left to left, Right to right (with side flicks if desired)
7&8 Make a 1/2 turn left with Left, Right, Left (12:00)

Option for 4-wall 7&8 1/4 turn right Shuffle Left Right Left (3:00)

REPEAT to end

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