Sunshine State of Mind



拍數: 32 牆數: 4 級數: Beginner

編舞者: Steve Korte (USA) - July 2022

音樂: Sunshine State of Mind - Kurt Stevens



Count In: 16 counts. (Start on lyrics)

[1 - 8] Skate R, Skate L, Triple Forward, Rock Recover, Coaster Step		
1 - 2	Slide R to R side, slide L to L side	
3 & 4	Step R forward, step L next to R, step forward R	
5 - 6	Rock L forward recover onto R	
7 & 8	Step L back, step R next to L, step forward L	

[9 - 16] Step ½ Turn, Kick Ball Change, Walk RL, Kick Ball Change

1 - 2	Step forward on the R turn ½ over L shoulder (weight on L foot) (facing 6:00)
3 & 4	Kick R forward, step on ball of R, step L in place
5 - 6	Step Forward R, step forward L
7 & 8	Kick R forward, step on ball of R, step L in place

[17 - 24] Step R Point L, Step L Point R, 1/4 Jazz Box R with cross

1 - 2	Step R in front of L, point L to L side
3 - 4	Step L in front of R, point R to R side
5 - 6	Cross R over L, step back L
7 - 8	1/4 R Step R to R side cross L in front of R

125 - 321 Triple R Rock Recover, Step Touch, Hip Sway x 2

[25 - 52] Triple It Nock Necover, Step Touch, Trip Sway X 2		
1 & 2	Step R to R side, step L beside R, step R to the L	
3 - 4	Rock L behind R, recover onto R	
5 - 6	Step L to L side touch R next to L (square up to wall)	
7 - 8	Sway hips R L (facing 9:00)	

Restart wall 3 after 16 counts

*Note: At the end of the song, there sounds like there should be another restart. I decided not to add it because the song is almost over. Enjoy!

Last Update: 1 Aug 2022