Mood to Celebrate

拍數: 32

級數: Beginner

編舞者: Kevin Machak (USA) - July 2022

音樂: Can't Keep Up - Brett Eldredge

#32-Count Intro, Dance Starts about 12 seconds in just before the words "I think I'm Overdue..."

Swivel / Twist to the Right, Pause, Swivel/Twist to the Left, Pause

- 1.2.3 With your feet together, turn both your heels to the right. Turn both your toes to the right. Turn both your heels to the right
- 4 Pause in place for a beat.
- With your feet together, turn both your heels to the left. Turn both your toes to the left. Turn 5,6,7 both your heels to the left
- 8 Pause in place for a beat.

Diagonal Backward Slide-Touches (with optional claps)

- With right foot, take a long step backwards and to the right. Drag the left foot touching next to 1,2 right. Add a clap as you touch if you'd like.
- With left foot, take a long step backwards and to the left. Drag the right foot touching next to 3,4 left. Add a clap as you touch if you'd like.
- 5,6 Repeat steps 1, 2 (long slide back & to the right with right foot, touch left & clap)
- Repeat steps 3,4 (long slide back & to the left with left foot, touch right & clap) 7.8

1/4 Turn Right Jazz Box + Jazz Box in Place

- 1, 2 Cross right foot in front of the left. As you turn your body & look to the right 1/4 turn (3:00), step back on the left foot.
- 3, 4 Step right foot to the side, completing ¹/₄ turn. Step left foot next to right.
- 5,6 Cross right foot over the left. Step left foot back.
- 7,8 Step right foot to the side. Step left foot next to right.

Modified K-Step, ending with Right Foot Stomp Next to Left (with optional claps)

- Imagine your feet are together in the center of "K" on the floor. Step forward and to the right 1, 2 with right foot, like the upper right-hand diagonal of the "K." Touch left foot next to right while clapping once (clap is optional)
- Step your left foot backwards & to the left, as if returning to the center of the "K." Touch right 3, 4 foot next to left while clapping once (clap is optional)
- 5,6 Step your right foot backwards and to the right, like the lower right-hand diagonal of the "K." Touch left next to right while clapping once (clap is optional)
- 7,8 Step your left foot forward and to the left as if returning to center of the "K" one last time. Stomp your right foot next to the left, with weight even on both feet in anticipation of restarting the dance with heel-toe-heel swivels to the right.

Restart - Happens on wall 10 (facing the 3:00 wall), just after 8 counts. The lyrics say "Don't get to do it again, Nah, Nah, Nah!"...you'll be swiveling your feet, heel-to-heel to the right & then to the left. Restart the dance, doing those same swivels/twists to the right & then left, a second time before proceeding with the rest of the dance.

False Ending

The dance slows down & comes to a freeze, before picking up again at about 2:22. Just keep dancing anyway during this part and it will continue to be on rhythm OR have your DJ cut the song completely at this point – up to you & your venue.





牆數: 4