

21 Reasons

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Martin Humphrey (UK) - July 2022
音樂: 21 Reasons (feat. Ella Henderson) - Nathan Dawe



Intro: 8 counts (2 counts before vocals)

PHRASING: A, A, B, A, A, B, A, A, 16 counts of B, B, B

PART A

S1: SWAY R, SWAY L, SIDE STEP R, L DIAGONAL COASTER STEP, R FWD SHUFFLE

1,2,3 step R to side, step L to side, big step R side 12:00
4&5 facing L diagonal step back L, step R beside L, step fwd L 10:30
6&7 step fwd R, close L beside R, step fwd R 10:30

S2: L SIDE ROCK CROSS, SIDE STEP R, HITCH L, ½ TURN L STEP FWD L, R FWD SHUFFLE, ¼ R SIDE ROCK CROSS

8&1 straightening up to 12:00 step L to side, step R to side, cross step L over R 12:00
2,3,4 step R to side, hitch L knee, make ½ turn L stepping fwd L 6:00
5&6 step fwd R, close L beside R, step fwd R 6:00
7&8 making ¼ turn R step L to side, step R to side, cross step L over R 9:00

S3: R SIDE, CLOSE L, ¼ R JAZZBOX CROSS, R SIDE, DRAG STEP L

1,2 step R to side, step L beside R 9:00
3,4,5,6 cross step R over L, making ¼ turn R step back on L, step R to side, cross step L over R 12:00
7,8 take a big step to R side, drag L beside R taking weight onto L 12:00

S4: R CROSS, L SIDE, R FWD SHUFFLE, PIVOT ½ R, STEP FWD L, TOUCH R

1,2 step R over L, step L to side 12:00
3&4 step fwd R, close L beside R, step fwd R 12:00
5,6 step fwd L, pivot ½ turn R taking weight fwd on R 6:00
7,8 step fwd L, touch R beside L 6:00

PART B

S1: SYNCOPATED ¼ R MONTEREY TURNS X 2, R & L HEEL SWITCHES, STOMP R, L

1&2& point R to side, making ¼ turn R step R beside L, point L to side, step L beside R 9:00
3&4& point R to side, making ¼ turn R step R beside L, point L to side, step L beside R 12:00
5&6& touch R heel fwd, step R in place, touch L heel fwd, step L in place 12:00
7,8 stomp fwd R, stomp L beside R 12:00

S2: R & L DOROTHY STEPS, R FWD MAMBO STEP, L COASTER STEP

1,2& facing R diagonal step fwd R, lock step L behind R, step fwd R 1:30
3,4& facing L diagonal step fwd L, lock step R behind L, step fwd L 10:30
5&6 straightening up rock fwd onto R, recover weight L, rock back onto R 12:00
7&8 step back onto L, step R beside L, step fwd L 12:00

S3: R DIAGONAL SIDE CROSS (DIP) X 3, POINT R SWEEP ½ R, STEP R

1,2,3,4,5,6 facing 12:00 but heading towards 1:30 step R to side, cross step L over R, repeat two more times (dip down on the cross steps) 12:00
7,8 point R to side beginning ½ sweep turn R, step down on R 6:00

S4: R DIAGONAL CROSS (DIP) SIDE X 2, CROSS POINT, SWEEP ½ R, STEP L

- 1,2,3,4 facing 6:00 but heading towards 7:30 cross L over R, step R to side, repeat one more time
(dip down on the cross steps) 6:00
- 5,6 cross L over R, point R to side 6:00
- 7,8 make $\frac{1}{2}$ turn R sweeping R foot, transfer weight to L 12:00

ENDING: TAKE BIG STEP TO R SIDE WITH HANDS TO SIDES, PALMS FACING OUT...
