

Today Is Your Birthday

拍數: 32 牆數: 2 級數: Beginner
編舞者: Merete Louise Østberg (DK) - July 2022
音樂: Today Is Your Birthday - Solomon Burke : (Album: Happy Birthday)



Intro: 12 counts - approx. 7 secs. into the song on the word "Today"

Tag: After wall 2 & 4, facing 12:00. See tag description at the bottom of the step sheet

Section 1: R walk, L walk, R mambo step, L back, R back, L coaster step

1-2 Step R fwd (1), step L fwd (2) 12:00
3&4 Step R fwd (3), recover on L (&), step R back (4) 12:00
5-6 Step L back (5), step R back (6) 12:00
7&8 Step L back (7), close R next to L (&), step L fwd (8) 12:00

Section 2: R & L hip bumps forward, R jazz box ¼ cross R

1&2 Point R fwd bumping hips fwd (1), recover on L (&), bump hips fwd stepping down on R (2) 12:00
3&4 Point L fwd bumping hips fwd (3), recover on R (&), bump hips fwd stepping down on L (4) 12:00
5-6 Cross R over L (5), step back on L (6) 12:00
7-8 Turn ¼ R stepping R to R side (7), cross L over R (8) 3:00

Section 3: R side rock, L behind side cross, L side rock, L behind, ¼ R, L forward

1-2 Rock R to R side (1), recover on L (2) 3:00
3&4 Cross R behind L (3), step L to L side (&), cross R over L (4) 3:00
5-6 Rock L to L side (5), recover on R (6) 3:00
7&8 Cross L behind R (7), turn ¼ R stepping R fwd (&), step L fwd (8) 6:00

Section 4: R rock forward, R shuffle back, L rock back, L shuffle forward

1-2 Rock R fwd (1), recover on L (2) 6:00
3&4 Step back on R (3), step L together (&), step back on R (4) 6:00
5-6 Rock back on L (5), recover on R (6) 6:00
7&8 Step fwd on L (7), step R together (&), step fwd on L (8) 6:00

Tag: Happens after wall 2 & 4, R side touch with clap, L side touch with clap 12:00

1-2 Step R to R side (1), touch L next to R with clap (2)
3-4 Step L to L side (3), touch R next to L with clap (4)

Ending: Last wall is wall 5 which starts facing 12:00. To end facing 12:00 do up to count 30 (facing 6:00). Then make a ½ turn L shuffle: turn ½ L step L fwd (7), step R together (&), step L fwd (8) 12:00. Stomp R to R side (1) – Ta daa!

Last Update: 17 Jun 2023