Walking Back To Happiness



拍數: 68 牆數: 2 級數: Intermediate

編舞者: Maria Tao (USA) - July 2022

音樂: Walking Back To Happiness - Albert West



Intro: 8 counts after 1st beat kicks in Note: 2 Restarts on WALL 3 and WALL 5

[S1] MAMBO CROSS, SIDE, HEEL-BALL-CROSS, HOLD

1-4 Rock R to R, recover onto L, cross R over L, step L to L

5-8 Touch R heel diagonally forward, step R back, cross L over R, hold

[S2] RUMBA BOX WITH HOLD

Step R to R, step L next to R, step R forward, holdStep L to L, step R next to L, step L back, hold

[S3] HIP BUMPS, HOLD, 1/4 TURN L SAILOR CROSS, HOLD

1-4 Bump hips back to R diagonal, bump hips to L, bump hips to R, hold

5-8 1/4 turn L crossing step L behind R, step R to R, cross L over R, hold [9:00]

[S4] 1/4 MONTEREY TURN R, FLICK, SCISSOR STEP, HOLD

1-4 Touch R to R, 1/4 turn R stepping R next to L, touch L to L, flick L behind R [12:00]

5-8 Step L to L, step R next to L, cross L over R, hold

[S5] KICK, STEP BACK, CROSS TOE STRUT, MAMBO CROSS, HOLD

1-4 Kick R diagonally forward, step R back, cross touch L toe over R, step L down

5-8 Rock R to R, recover onto L, cross R over L, hold

[S6] WEAVE, MAMBO STEP, HOLD

Step L to L, step R behind L, step L to L, cross R over L
Rock L to L, recover onto R, step L next to R, hold

[S7] BOOGIE WALKS, CROSS, BOUNCE HEELS (X2) 1/2 TURN L, HOLD

1-4 Step R forward with toes turned out to R, step L forward with toes turned out to L, step R

forward with toes turned out to R, step L forward with toes turned out to L

5-8 Cross R over L, bounce both heels (x2) making 1/2 turn L, hold [6:00]

**** Restart here on WALL 3 and WALL 5 (both times facing 6:00) ****

[S8] STEP FWD, TAP, STEP BACK, KICK, STEP BACK, 1/4 TURN L, STEP FWD, HOLD

Step R forward, tap L toe behind R, step L back, kick R forward
Step R back, 1/4 turn L stepping L to L, step R forward, hold [3:00]

[S9] 1/4 TURN R MAMBO CROSS, HOLD

1-4 1/4 turn R rocking L to L, recover onto R, cross L over R, hold [6:00]

START AGAIN!

RESTARTS: On WALL 3 and WALL 5 - dance up to count 56 (end of S7)

- then restart the dance (both times facing 6:00)