

Glamorous Life

COPPER KNOB
BY STEPHENETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Gail A. Dawson (USA) - July 2022
音樂: The Glamorous Life, Pt. 1 - Sheila E.



Intro – 32 Counts

Weave Point, Weave Point

1, 2 R cross over L, L step to L
3, 4 R step behind L, L point to L
5, 6 L cross over L, R step to R
7, 8 L step behind R, R point to R

Back, Point, Back, Point, Rock, Recover, Shuffle Forward

1, 2 R step behind L, L point L
3, 4 L step behind R, R point R
5, 6 R rock back, recover on L
7&8 R step forward, L step beside R, R step forward

Step, Pivot ¼, Crossing Triple, Rock, Recover, Coaster Step

1, 2 L step forward, pivot ¼ to R (3 o'clock)
3&4 L cross over R, R step to R, L cross over R
5, 6 R rock to R, recover on L
7&8 R step back, L step beside R, R step forward

Rock, Recover, Coaster Step, Step, Pivot, Step, Pivot

1, 2 L rock forward, recover on R
3&4 L step back, R, step beside L, L step forward

*** Restart Here on Walls 3 & 7 ***

5, 6 R step forward, pivot ¼ to L (12 o'clock)
7, 8 R step forward, pivot ¼ to L (9 o'clock)

*** Wall 3 starts at 6 o'clock and the restart happens on the 9 o'clock wall

*** Wall 7 starts at 12 o'clock and the restart happens on the 3 o'clock wall

*Choreographed to The Glamorous Life, Pt. 1 which appears on 80s Dance Classics which is available on iTunes, but any version under 4 minutes will do
(some versions are over 8 minutes long)