

# You Are Not Alone

**COPPER** **KNOB**  
STEPSHEETS

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Sweet Five (INA) & Roosamekto Mamek (INA) - July 2022  
音樂: Kamu Ngga Sendirian - Tipe-X



**Intro: 32 count (approximately 0:16)**

## **S1. LINDY RIGHT & LEFT**

1&2      Step R to side – Step L together – Step R to side (12:00)  
3-4      Rock L back – Recover on R  
5&6      Step L to side – Step R together – Step L to side  
7-8      Rock R back – Recover on L

## **S2. MONTEREY TURN 1/4 RIGHT, MONTEREY, TOUCH, HITCH, COASTER STEP**

1-4      Touch R to side – Turn ¼ right step R together – Touch L to side – Step L together (3:00)  
5-6      Touch R to side – Hitch R knee up  
7&8      Step R back – Step L together – Step R forward

## **S3. PIVOT 1/2 RIGHT, FORWARD (LOCK) SHUFFLE, ROCK FORWARD, COASTER STEP**

1-2      Step L forward – Turn ½ right weight on R (9:00)  
3&4      Step L forward – Step R together or Lock R behind L – Step L forward  
5-6      Rock R forward – Recover on L  
7&8      Step R back – Step L together – Step R forward

## **S4. KICK BALL TOUCH, ANCHOR STEP, STEP FORWARD**

1&2      Kick L forward – Step L together – Touch R to side (9:00)  
3&4      Kick R forward – Step R together – Touch L to side  
5&6      Rock L behind R – Recover on R – Step L in place (shift weigh on L)  
7-8      Step R slightly forward – Step L forward

**Note: TAG. 2 happens here on wall 7**

## **S5. R & L CROSS SAMBA STYLE, ROCK FORWARD, BACK, SIDE TURN 1/4 LEFT**

1&2      Cross R over L – Rock L to side – Recover on R (9:00)  
3&4      Cross L over R – Rock R to side – Recover on L  
5-8      Rock R forward – Recover on L – Step R back – Turn ¼ left step L to side (6:00)

## **S6. CROSS, SIDE, GALLOP, SIDE ROCK, CROSS SHUFFLE**

1-2      Cross R over L – Step L to side (6:00)  
3&4      Cross R behind L – Step L to side – Cross R over L  
5-6      Rock L to side – Recover on R  
7&8      Cross L over R – Step R to side – Cross L over R

**Note : Restart happens here on wall 6**

## **S7. WHISK STEP, FORWARD R & L, REVERSE COASTER**

1&2      Step R to side – Rock L back – Recover on R (6:00)  
3&4      Step L to side – Rock R back – Recover on L  
5-6      Step R forward – Step L forward  
7&8      Step R forward – Step L together – Step R back

## **S8. L & R ANCHOR STEP, BACK ROCK, FORWARD LOCK SHUFFLE**

1&2      Rock L behind R – Recover on R – Step L in place (shift weight on L) (6:00)  
3&4      Rock R behind L – Recover on L – Step R in place (shift weight on R)  
5-6      Rock L back – Recover on R

7&8                    Step L forward – Lock R behind L – Step L forward (6:00)

**REPEAT**

**TAG. 1 (4 count) : End of wall 2 & 4**

1-4                    Rock R forward – Recover on L – Rock R back – Recover on L

**TAG. 2 (8 count) : On wall 7 after 32 count**

1-4                    Rock R forward – Recover on L – Step R back – Turn ¼ left step L to side

5-8                    Cross R over L – Step L back – Step R to side – Cross L over R

**RESTART : On wall 6 after 48 count**

**For more info about step sheet & song, please contact:**

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