

Get Ready

拍數: 32 牆數: 4 級數: Improver
編舞者: Eun Mi Lim (KOR) - June 2022
音樂: Get Ready - Dita



Intro: #16 counts (approx. 11secs) No Tags & Restarts~!

Sec 1: Cross Strut, Side Strut, Kick, Cross, Point, Hip Bumps

1-2 Touch R toe across L, Drop R heel in place
3-4 Touch L toe to left side, Drop L heel in place
5&6 Kick R across L, Cross R over L, Point L to left side
7&8 Bump hips (R-L-R)

Sec 2: Hold, Together, Side, Hitch, Point, Hold, Together, Side, Together, Scuff

1&2 Hold, Step L next to R, Step R to right side
3-4 Hitch L forward, Point L to left side
5&6 Hold, Step L next to R, Step R to right side
7-8 Step L next to R, Scuff R forward

Sec 3: Forward Shuffle, Forward Rock, Back with Sweep X2, Sailor 1/4 L,

1&2 Step R forward, Step L next to R, Step R forward
3-4 Rock L forward, Recover on R
5-6 Step L back with sweeping R from front to back, Step R back with sweeping L from front to back
7&8 Turn 1/4 L cross L behind R, Step R to right side, Step L forward (9:00)

Sec 4: Rocking Chair, Forward, Pivot 1/4 L, Forward, Pivot 1/4 L

1-2 Rock R forward, Recover on L
3-4 Rock R back, Recover on L
5-6 Step R forward, Turn 1/4 L weight onto L (6:00)
7-8 Step R forward, Turn 1/4 L weight onto L (3:00)

Ending: Come on wall 9 (12:00), Step change (count 7-8) of Sec 4

7-8 Step R forward, Turn 1/2 L weight onto L (facing 12:00)

Enjoy Dancing Always!

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