

# Wasted

拍數: 32      牆數: 4      級數: High Improver  
編舞者: Cody James Lutz (USA) - June 2022  
音樂: Wasted (feat. WAV3POP) - Loud Luxury



## #16 Count Intro.

### (1-8) WIZARD, STEP, TOUCH, OUT-SLIDE-TOUCH (x2), CHASSE

- 12&      Step R forward slightly to R, lock L behind R, step R forward slightly to R (12)  
34      Step L forward, touch R next to L (12)  
5&6&      Step R to R side, slide LF in touching next to R, step L to L side, slide RF in touching next to L (12)  
7&8      Step R to R side, step L next to R, step R to R side (12)

**(Note: The chasse on 7&8 should travel slightly forward toward R diagonal)**

### (9-16) CROSS ROCK, REC, TOUCH, ½ UNWIND, ¼ POINT, HOLD, BALL, PRESS, REC/FLICK

- 12      Cross rock L over R (prepping body for turn), recover weight to R (12)  
34      Touch L toe slightly behind R, make a 1/2 turn L on L toe taking weight on LF (6)  
56&      Make a ¼ turn L pointing R toe to R side, hold, step ball of R next to L (3)  
78      Press LF to L side, recover weight to R lifting L heel behind body (3)

**(Optional Styling: On Count 8 as you flick, when the lyric says “tip of my tongue” during chorus, place left index finger extended in front of your mouth as if you were touching your tongue)**

### (17-24) SIDEROCK, REC, BEHIND-SIDE-¼ CROSS, TOUCH FWD, DRAG, KICK-STEP-LOCK

- 12      Rock L to L side, recover weight to R (3)  
3&4      Step L behind R, step R to R side, cross L over R making a ⅛ turn R towards diagonal (4.5)  
56      Touch R toe forward, slide RF back keeping foot on ground without taking weight (4.5)  
7&8      Kick R forward slightly toward R diagonal, step down on R, step L behind R (4.5)

**(Styling: On Walls 1 and 6, Counts 7&8 may feel better as &78 because there are two lyrical cues. On Wall 1, on the lyric “Kicks”, look over your left shoulder and raise both arms slightly at sides, pointing index fingers down at your shoes. On Wall 6, on the lyric “Neck”, cross your hands in front of your neck, and pull them apart as you unwind)**

### (25-32) ⅝ BOUNCE UNWIND, ¼ CHASSE, BACK ROCK, REC, OUT, ¼ BALL, STEP FWD

- 12      Make a 5/8 unwind L over two counts bouncing on both heels once, twice taking weight on L (9)  
3&4      Make a ¼ turn L stepping R to R side, step L next to R, step R to R side (6)  
56      Cross rock L behind R, recover on R (6)  
7&8      Step L to L side, make a ¼ R stepping ball of R next to L, step L forward\* (9)

**(Note: Counts 1-4 is just under a full turn, taking you from the 4.5 diagonal wall to the 6 o'clock wall. The unwind flows directly into the chasse in one motion. Your body will naturally continue to turn to face the 4.5 wall again after the unwind as you chasse, but keep your chasse parallel to the back wall)**

### \*THERE IS AN 8 COUNT TAG AFTER WALL 5.

- 1 2      Rock forward on R, recover weight to L  
3&4      Step back on R, step L together with R, step back on R  
5 6      Rock back on L, recover weight to R  
7&8      Step forward on L, step R together with L, step forward on L