

Boom (蹦)

拍數: 64 牆數: 2 級數: Improver
編舞者: Mayee Lee (MY) - June 2022
音樂: Boom (蹦) - LAY (张艺兴)



Intro: Start after 20 counts or start at 0.13 seconds

Section 1 : Sway R, Sway L, Sway R & Bump Twice, Sway L, Sway R, Sway L & Bump Twice

1 – 4 Sway to R(1), sway to L(2), sway to R & Bump R twice(3-4)
5 – 8 Sway to L(5), sway to R(6), sway to L & bump L twice(7-8)

Section 2 : R Corta Jaca, R Botafogo, L Corta Jaca, L Botafogo

1&2&3&4 Cross R heel over L(1), recover on L(&), press R toe back(2), recover on L(&), cross R over L(3), step L on ball to L(&), recover on R(4)
5&6&7&8 Cross L heel over R(5), recover on R(&), press L toe back(6), recover on R(&), cross L over R(7), step R on ball to R(&), recover on L(8)

Section 3 : R Vaudeville, L Vaudeville, ½ R Diamond Steps

1&2& Cross R over L(1), step L to L(&), touch R heel to diagonally R(2), step R beside L(&)
3&4& Cross L over R(3), step R to R(&), touch L heel to diagonally L(4), step L beside R(&)
5&6&7&8 Cross R over L(5), 1/8 Turn R step L back(&)(1.30), step R back(6), hitch L(&), step L back(7), 1/8 turn R step R to R(&)(3.00), 1/8 turn R step L forward(8)(4.30)

Section 4 : R Botafogo, L Botafogo, ¼ R Diamond Steps

1&2 3&4 1/8 turn R cross R over L(1)(6.00), step L on ball to L(&), recover on R(2), cross L over R(3), step R on ball to R(&), recover on L(4)(6.00)
5&6&7&8 Cross R over L(5), 1/8 Turn R step L back(&)(7.30), step R back(6), hitch L(&), step L back(7), 1/8 turn R step R to R(&)(9.00), cross L over R(8)(9.00)

Section 5: R Cross Shuffle, ½ Turn L Cross Shuffle, R Side Rock Recover Touch, Hop, L Side Rock Recover Touch, Hop

1&2 3&4 Cross R over L(1), step L to L(&), cross R over L(2), ½ turn L cross L over R(3)(3.00), step R to R(&), cross L over R(4)(3.00)
5&6& Step R to R(5), recover on L(&), touch R beside L(6), hop together(&)
7&8& Step L to L(7), recover on R(&), touch L beside R(8), hop together(&)(3.00)

Section 6 : R Cross Shuffle, ½ Turn L Cross Shuffle, Touch R, Reverse ¼ Turn R Touch x3

1&2 3&4 Cross R over L(1), step L to L(&), cross R over L(2), ½ turn L cross L over R(3)(9.00), step R to R(&), cross L over R(4)(9.00)
5 – 8 Touch R to R(5), ¼ turn R reverse touch R to R(6)(12.00), ¼ turn R reverse touch R to R(7)(3.00), ¼ turn R reverse touch R to R(8)(6.00)

Section 7 : R Side, L Together, R Side, L Together, ½ Turn L Chug

1 – 4 Step R to R(1), step L beside R(2), step R to R(3), step L beside R(4)
5 – 8 1/8 turn L chug R(5)(4.30), 1/8 turn L chug R(6)(3.00), 1/8 turn L chug R(7)(1.30), 1/8 turn L chug R(8)(12.00)

Section 8 : L Sailor step, R Sailor step, ½ Turn L Walk, Hop

1&2 3&4 Step L behind R(1), step R on ball beside L(&), step L to L(2), step R behind L(3), step L on ball beside R(&), step R to R(4)
5 – 8 ½ turn L walk from LRL(5-7), hop together(8)(6.00)

No Tag No Restart!

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