

Our Own Show

COPPER **KNOB**
BY SHEETS

拍數: 28 牆數: 4 級數: Easy Intermediate
編舞者: Lee Hamilton (SCO) - June 2022
音樂: One Man Band - Old Dominion : (iTunes & Amazon)



Intro: 16 Counts

Section 1 [1-8] R Step, L Mambo Fwd, R Sweep, Behind – Side – Cross, L Side Rock & Cross, R Side, L Cross

12& Step R fwd (1), Rock L fwd (2), Recover onto R (&), 12:00
34& Step L back and sweep R from front to back (3), Cross R behind L (4), Step L to L side (&), 12:00
56& Cross R over L (5), Rock L to L side (6), Recover onto R (&), 12:00
78& Cross L over R (7), Step R to R Side (8), Cross L over R (&), 12:00

Section 2 [9-16] Basic R, L Back ¼ R, R Side, L Cross, Sway RL, R Rock Back

12& Step R to R side (1), Rock L behind R (2), Recover onto R (&), 12:00
34& Make a ¼ R by stepping L back (3), Step R to R side (4), Cross L over R (&), 3:00
56 Sway R hip to R side (5), Sway L hip to L side (6), 3:00
78 Rock R back (7), Recover onto L (8), 3:00

***Restart here on Walls 3, 6 & 7

Section 3 [17-24] R Rock ¼ R, L Rock ½ L, Pivot ½ L, R Side ¼ L, L Behind, R Side

12& Rock R fwd (1), Recover onto L (2), Make a ¼ R by stepping R fwd (&), 6:00
34& Rock L fwd (3), Recover onto R (&), Make a ½ L by stepping L fwd (4), 12:00
56 Step R fwd (5), Make a ½ L by taking weight onto L (6), 3:00
78& Make a ¼ L by stepping R to R Side (7), Cross L behind R (8), Step R to R side (&) 3:00

Section 4 [25-28] L Cross Rock, L Side, Pivot ½ L

12& Cross L over R (1), Recover onto R (2), Step L to L side (&), 3:00
34 Step R fwd (3), Make a ½ L by taking weight onto L (4), 9:00

Restart after 16 counts on Walls 3, 6 & 7

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