

Left and Right

拍數: 32 牆數: 4 級數: Improver
編舞者: Ryan (INA), Kiki (INA), Ranny Kusumawardhani (INA) & Yanti Tannjoek (INA) -
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音樂: Left and Right (feat. Jung Kook) - Charlie Puth



Intro music 16 count

No Tags, 3 Restarts (after 16 count on wall 2, 5, 8)

Sec 1. TOUCH RIGHT-LEFT DIAGONAL WITH HIP BUMP. BEHIND SIDE CROSS, QUARTER RIGHT TURN FORWARD

1 & 2 Touch R toe forward diagonal with hip bump R (1) Hip bump L (&) Hip bump R (2)
3 & 4 Step R behind L (3) Step L to side (&) Cross R over L (4)
5 & 6 Touch L toe forward diagonal with hip bump L (5) Hip bump R (&) Hip bump L (6)
7 & 8 Step L behind R (7) ¼ turn R, Step R forward (&) Step L forward (8)

Sec 2. RIGHT FORWARD, LOCK STEP, LEFT FORWARD, RECOVER, ANCHOR STEP

1 - 2 Step R forward (1) Lock step L (2)
3 & 4 Step R forward (3) Step L lock behind R (&) Step R forward (4)
5 - 6 Step L forward (5) recover R(6)
7 & 8 Step L backward (7) Recover R (&) Recover L (8)

Restart Here on walls 2, 5, & 8

Sec 3. RIGHT FORWARD, HALF TURN LEFT WITH RIGHT FLICK, WALK RIGHT-LEFT, TOUCH FORWARD, TOUCH SIDE, BEHIND SIDE TOUCH

1 - 2 Step R forward (1) Turn ½ L, step L forward while R flick (2)
3 - 4 Walk R (3) Walk L (4)
5 - 6 Touch R cross L (5) Touch L to side (6)
7 & 8 Step R behind L (7) Step L to side (&) Touch R next to L (8)

Sec 4. RIGHT SIDE, CLOSE, TOUCH RIGHT-LEFT HEEL FORWARD, CLOSE RIGHT-LEFT, RIGHT FORWARD, HALF TURN LEFT, LEFT FORWARD

1 - 2 Step R to side (1) Step L close to R (2)
3 - 4 Step R to side (3) Step L close to R (4)
5&6& Touch R heel forward (5) Step R close to L (&) Touch L heel forward (6) Step L close to R (&)
7 - 8 Step R forward (7) ½ turn L, step L forward (8)

Have fun with the dance !

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