

# Left and Right

拍數: 32      牆數: 4      級數: Improver  
編舞者: Laura Gordon (USA) - June 2022  
音樂: Left and Right (feat. Jung Kook) - Charlie Puth



Counts in: 16 counts, start dance on lyrics "Ever since you"

Notes: Two Restarts on wall 2 and 5.

## [1 – 8] Walk x 2, Right Taps x 3, Ball Point Hold x2

1 2            Step fwd on R (1) Step Fwd on L (2) 12:00  
3 & 4        Tap R in front (3) Tap R on R diagonal (&) Tap R to R side (4) 12:00  
&56        Step R together (&) Point L out to L (5) Hold(6) 12:00  
&78        Step L together (&) Point R out to R (7) Hold (8) 12:00

## [9 – 16] Ball Rock Recover x2, Walk Around ¾ turn.

& 1 2        Step ball of R together (&) Rock weight to L (1) Recover weight back on R (2) 12:00  
& 3 4        Step ball of L together (&) Rock weight to R (3) Recover weight back on L (4) 12:00  
5 6        Step fwd on R making 1/8 turn left (5) Step fwd on L making ¼ turn left (6) 7:30  
7 8        Step fwd on R making 1/8 turn left (7) Step fwd on L making ¼ turn left (8) \* 3:00

\* Restart happens here on wall 2 and wall 5, start dance again from the top

## [17 - 24] L Weave, Point, Modified Weave, Point

1 2            Cross R over L (1) Step L to L side (2) 3:00  
3 4            Step R behind L (3) Point L out to L side (4) 3:00  
5 6            Cross L over R (5) Step R to R side (6) 3:00  
7 8            Step R back making 1/8 turn left (7) Point R back (8) 1:30

## [25 – 32] Step Touches x2, 1/8 turn Jazz Box

1 2            Step fwd on R (1) Touch L next to R (2) 1:30  
3 4            Step back on L (3) Touch R next to L (4) 1:30  
5 6            Cross R over L (5) Step L back making 1/8 turn right (6) 3:00  
7 8            Step R to R side (7), step fwd on L (8) 3:00

Opt. Ending It ends facing the front after count 16, so just do a full walk around to the front to finish dance □

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