

Nest (보금자리)

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Chany Jung (KOR) - June 2022
音樂: Nest (보금자리) - Lim Young Woong (임영웅)



Intro 32 counts (on vocals)

No tags! No restarts! You're Welcome.

PART1. (THREE STEPS FWD, TOUCH, TOUCH OUT IN OUT IN)

1-2 Step RF fwd, Step LF fwd
3-4 Step RF fwd, Touch L toe beside R
5-6 Touch L toe to L side, Touch L toe beside R
7-8 Touch L toe to L side, Touch L toe beside R

PART2. (THREE STEPS BACK, TOUCH, TOUCH OUT IN OUT IN)

1-2 Step LF back, Step RF back
3-4 Step LF back, Touch R toe beside L
5-6 Touch R toe to R side, Touch R toe beside L
7-8 Touch R toe to R side, Touch R toe beside L

PART3. (STEP, SIDE POINT, STEP, SIDE POINT, ROCKING CHAIR)

1-2 Step RF fwd, Touch L toe to L side
3-4 Step LF fwd, Touch R toe to R side
5-6 Step RF rock fwd, LF recover
7-8 Step RF rock back, LF recover

PART4. (1/4 R TURN TOUCH, SIDE TOUCH, HIP BUMPS R-L-R-L)

1-2 1/4 R turn step R to R side, Touch L toe beside R
3-4 Step L to L side, Touch R toe beside L
5-6 Step R to R side bump hip to R, bump hip to L
7-8 bump hip to R, bump hip to L

SMILE & START AGAIN!
