## French Cha



拍數: 48 牆數: 2 級數: Intermediate

編舞者: Ivan Rundgren (SWE) - May 2022

音樂: Miss You - Carla Bruni



## Intro: 16 or 4 C, check your track if you please ... No tag or restart

Sec. 1 Rock st 1 2 3 4 & 5 & 6 - 7 8 & 1	ep – Cross – Kick R fwd – Step – Point L in front of R – Dip down and up – cross Step L to L side (1) recover on R (2) cross L over R (3) Recover on R (4) step L to L side (&) kick R fwd (5) step back on R (&) Point L in front of R (6) dip down bending knees (7) Straighten up (8) step back on L (&) cross R over L and stretch your hands out and snap your fingers(1)
Sec. 2 Spiral turn 3/4 L – Step – L lock cha cha – Step – Pivot 1/2 – R lock cha cha	
2 – 3	Spiral turn 3/4 L on L (2) step R to R (3)
4 & 5	Step L behind R (4) lock R behind L (&) step L fwd (5)
6 – 7	Step fwd R (6) pivot 1/2 turn L (7)
8 & 1	Step fwd R (8) lock L behind R (&) Step fwd R (1)
Sec. 3 Rock step – Chasse L – Weight changes with sway – Side – Behind – 1/4 turn R	
2 – 3	Step L to L side and sway to L (2) Recover on R and sway to R (3)
4 & 5	Step L to L side L (4) step R next to L (&) step L to L side and sway to L (5)
6 – 7	Recover weight to R and Sway to R (6) Recover weight to L and sway to L (7)
8 & 1	Step R to R side (8) step L behind R (&) 1/4 turn R stepping fwd R (1)
Sec. 4 1/4 turn R – Cross shuffle – Rock step with sway – Step – 1/4 turn R – 1/2 turn R	
2 – 3	1/4 turn R stepping L to L side (2) Recover on R (3)1
4 & 5	Cross L over R (4) Step R to R side (&) Cross L over R (5)
6 – 7	Step R to R side (6) recover weight to L (7)
8 & 1	Recover to R (8) 1/4 turn R stepping L to L side (&) 1/2 turn R stepping R to R side (1)
Sec. 5 Check fwd – Chasse to the L – Check fwd – Step – Close – Step	
2 – 3	Cross L over R (2) Recover weight on R (3)
4 & 5	Step L to L (4) step R next to L (&) step L to L side (5)
6 – 7	Cross R over L (6) Recover weight on L (7)
8 & 1	Step R to R (8) close L next to R (&) Step fwd R (1)
Sec. 6 1/2 turn R – Mambo cross X 2 – Step – Close	
2 – 3	Step fwd L (2) pivot 1/2 turn R (3)
4 & 5	Step L to L side (4) Recover to R (&) cross L over R (5)
6 & 7	Step R to R side (6) Recover to L (&) cross R over L (6)
8 &	Step fwd L (8) close R next to L (&)

With your own styling make the dance your own :)

Ending, you will face front wall when music and dance goes to end!

Start over again! Have fun & happy dancing, hugs from Sweden :)

Remember to vote for favorite dances if You like it! Please, any feedback would be greatly appreciated! Contact: ivan.rundgren@gmail.com

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