Señales Claras (Clear Signs)



拍數: 32 牆數: 4 級數: High Improver

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音樂: Body Language (feat. The Swon Brothers) - Blake Shelton



[1-8] Steps forward (R&L), anchor step, behind, side, cross shuffle

1-2 Rf foward, Lf foward (optional skate)

3&4 Rf behind Lf, return weight Lf, return weight Rf

5-6 Lf behind Rf, Rf to the right

7&8 Cross Lf over Rf, Rf to the right, Lf cross over Rf

[9-16] Rock side with Sway, behind, side, cross, slide, sailor 1/4 turn right

1-2 Rf to the right, return weight Lf

3&4 Rf behind Lf, Lf to the left, Rf cross over Lf
5-6 Lf big step to the left, Slide Rf next to Lf
7&8 Rf behind Lf, Lf ¼ turn right, Rf foward

[17-24] Step foward, flick, run steps foward, check left, sailor step

17-18 Lf foward, Rf Kick back

19&20 Rf foward, Lf foward, Rf foward 21-22 Lf to the left, return weight Rf

23&24 Lf behind Rf, Rf to the right, Lf to the left

[25-32] Diagonal back, hold, Cross, back, side, Step back, Touch, coaster touch

25-26 Rf diagonal right back, hold

27&28 Lf cross over Rf, Rf back, Lf to the left

29-30 Rf back and Touch Lf foward, recover weight Lf (optional roll to the right)

31&32 Rf back, Lf back, Rf Touch next Lf

Note: on the sixth wall there is a tag of 4 counts to make the movement to the taste of each one