

Señales Claras (Clear Signs)

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: High Improver
編舞者: Andrés de la Rubia Albertí (ES) - June 2022
音樂: Body Language (feat. The Swon Brothers) - Blake Shelton



[1-8] Steps forward (R&L), anchor step, behind , side, cross shuffle

1-2 Rf foward, Lf foward (optional skate)
3&4 Rf behind Lf, return weight Lf, return weight Rf
5-6 Lf behind Rf, Rf to the right
7&8 Cross Lf over Rf, Rf to the right, Lf cross over Rf

[9-16] Rock side with Sway , behind, side, cross, slide, sailor ¼ turn right

1-2 Rf to the right, return weight Lf
3&4 Rf behind Lf, Lf to the left, Rf cross over Lf
5-6 Lf big step to the left, Slide Rf next to Lf
7&8 Rf behind Lf, Lf ¼ turn right, Rf foward

[17-24] Step foward, flick, run steps foward, check left, sailor step

17-18 Lf foward, Rf Kick back
19&20 Rf foward, Lf foward, Rf foward
21-22 Lf to the left, return weight Rf
23&24 Lf behind Rf, Rf to the right, Lf to the left

[25-32] Diagonal back, hold, Cross, back, side, Step back, Touch, coaster touch

25-26 Rf diagonal right back, hold
27&28 Lf cross over Rf, Rf back, Lf to the left
29-30 Rf back and Touch Lf foward, recover weight Lf (optional roll to the right)
31&32 Rf back, Lf back, Rf Touch next Lf

Note: on the sixth wall there is a tag of 4 counts to make the movement to the taste of each one