

Ain't Nothing

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Beverly Serafin (USA) - March 2020
音樂: Beer Can't Fix (feat. Jon Pardi) - Thomas Rhett : (CD: Center Point Road - iTunes)



No musical intro – begin dance after “somebody” on the words “but you aint’...”

Cross-Rock-Recover; Cha-cha in place; Weave right

1-2 cross right foot over left, recover on left
3&4 cha-cha in place
5-8 weave by crossing left over right, right to side, left behind right, right to side

Cross-Rock-Recover; Cha-cha ¼ turn left; Weave left

1-2 cross left over right, recover on right
3&4 cha-cha turning ¼ to left
5-8 weave by crossing right over left, left to side, right behind left, left to side

½ turn, Shuffle; ½ turn, Shuffle

1-2 step right forward make ½ turn left
3&4 shuffle forward (RLR)
5-6 step left forward make ½ turn right
7&8 shuffle forward (LRL)

Lindy right and left

1&2 shuffle to right
3-4 rock left back, recover on right
5&6 shuffle to left
7-8 rock right back, recover on left

Rock forward-Recover, Coaster step; Rock forward-Recover, Coaster step turning ¼ left

1-2 rock right forward, recover on left
3&4 coaster (RLR)
5-6 rock left forward, recover on right
7&8 coaster (LRL) turning ¼ left

Right Step-Lock, Left Step-Lock, Rocking Chair

1&2 step forward on right, lock left behind, step forward on right
3&4 step forward on left, lock right behind, step forward on left
5-8 rocking chair (rock right forward, recover left; rock right back, recover left)

You will need to add this TAG at the end of the second, fourth, and sixth times through the sequence, always facing 12:00.

TAG

Right Step-lock, left step-lock; rocking chair; 2 kick-ball-step, jazz box

1&2 step right forward, lock left behind, step right forward
3&4 step left forward, lock right behind, step left forward
5-8 rocking chair (rock right forward, recover left, rock right back, recover left)

1&2 kick right forward, step back on right, step on left
3&4 kick right forward, step back on right, step on left
5-8 jazz box (cross right over left, step left to side, step right to side, step left next to right)

