# These Boots Are Made for Walking



拍數: 0 牆數: 1 級數: Improver

編舞者: Donna Collins (USA) - June 2022

音樂: These Boots Are Made for Walkin' - Nancy Sinatra



# No tags/restarts IntroducJon: 32 counts, start on lyrics

## **HEEL SWITCHES**

1-4 Tap R heel, step on R, Tap L heel, step on L

5-8 Repeat 1-4

#### PRISSY WALKS, HIP BUMPS

1-4 Cross step R in front of L (1) hold (2) Cross step L in front of R (3) hold (4)

5-6-7-8 Bump right hip up (5) down (6) up (7) down (8)

## **REPEAT COUNTS 1-16**

#### **MONTEREY TURNS**

Point R to right, turn ¼ R stepping R next to L, point L to leG, close L next to R (3:00) Point R to right, turn ¼ R stepping R next to L, point L to leG, close L next to R (6:00)

# **ROCKING CHAIRS 2 X**

1-2-3-4 Rock forward on R, replace weight back to L, rock back on R, replace weight forward to L S-6-7-8 Rock forward on R, replace weight back to L, rock back on R, replace weight forward to L

# **HEEL SWITCHES**

1-4 Tap R heel, step on R, Tap L heel, step on L

5-8 Repeat 1-4

## PRISSY WALKS, HIP BUMPS

1-4 Cross step R in front of L (1) hold (2) Cross step L in front of R (3) hold (4)

5-6-7-8 Bump right hip up (5) down (6) up (7) down (8)

#### STOMP HOLDS TRAVELING RIGHT IN 1/2 ARC TO FRONT

1-2-3-4 Stomp R forward starNng arc to 12:00, Hold, Stomp L forward, Hold (conNnuing to 12:00)

5-6-7-8 Stomp R forward, Hold, Stomp L forward at 12:00, Hold (12:00)

#### WALK TO RIGHT DIAGONAL, KICK, WALK BACK AND TOUCH

1-2-3-4 Walk toward 1:30 R-L-R, low kick L forward

5-6-7-8 Step back L-R-L, touch R next to L

# K STEP

1-2-3-4 Step R forward to right diagonal, Touch L next to R, Step L back to leG diagonal, Touch R

next to L

5-6-7-8 Step R back to right diagonal, Touch L next to R, Step L forward to leG diagonal, Hold (8)

# PRISSY STEPS, POINT R, HIP BUMPS

1-2-3-4 Cross step R in front of L (1), Hold (2), Cross step L in front of R (3) Hold (4)

5 Point R out to right side and point forward with R index finger on "You" 6-7-8 ConNnue poinNng (both toe and finger!) and bump onto leG hip (6-7-8)

1-12 Drop hand gradually (conNnue poinNng toe) and bump onto leG hip for 12 more counts (total

15)

#### **PONY STEPS**

&1&2 Step quickly onto R (&) Touch L next to R (1) hold, Step quickly onto L (&) Touch R next to L (2) hold

Repeat for &3-&4-&5-&6-&7-&8-&9-&10-&11-&12-&13-&14-&15-&16

#### **START DANCE AGAIN!**

AFTER 3RD REPETITION OF THE ENTIRE DANCE, AND YOU HEAR "BOOTS, START WALKING", REPEAT FINAL PONY STEPS TURNING IN A CIRCLE WITH GO-GO ARMS UNTIL END. (GO-GO ARMS – MOVE EXTENDED ARMS UP AND DOWN IN FRONT OF YOU LIKE A GO-GO DANCER!)