

Wait a Minute

拍數: 64 牆數: 4 級數: Phrased Improver
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音樂: Wait a Minute! (Duckhead Edit) - WILLOW



Seq : ABAB BB¹⁶ ABAB A²⁸

A: 32c

I. FORWARD TAP-SIDE TAP-BACK TAP-CLOSE (R-L)

1-2 R tap forward, R tap to side
3-4 R tap backward, R close to L
5-6 L tap forward, L tap to side
7-8 L tap backward, L close to R

II. SIDE- HOLD-CLOSE-SIDE- CLOSE TOUCH-SIDE- CLOSE TOUCH- KICK BALL CROSS DIAGONAL

1-2 Step R to side, hold
&3-4 L close to R, step R to side, L close touch to R
5-6 Step L to L side, R close touch to L
7&8 Kick R to R diagonal forward,, step ball on R, L cross over R

III.SIDE ROCK-RECOVER-BEHIND - SIDE-CROSS (R-L)

1-2 Step R to side, recover on L
3&4 R cross behind L, step L to side, R cross over L
5-6 Step L to side, recover on R
7&8 L cross behind R, step R to side, L cross over R

IV.SIDE TOUCH-CLOSE TOUCH-SIDE- TOUCH- TAP ONTO CLOSE-KNEE POP (LRL)-SCISSOR STEP

1&2 R touch to R side, R close touch to L, R touch to R side
3&4 R tap closer to L 3x
5&6 Push forward knee Left(5),Right(&),Left(6)
7&8 Step L to side, R close to L, L cross over R

B. 32c

I.SIDE-CLOSE TOUCH-SIDE- CLOSE TOUCH

1-2 Step R to side, L close touch to R
3-4 Step L to side, R close touch to L
5-6 Step R to side, L close touch to R
7-8 Step L to side, R close touch to L

II.WALK FORWARD(RL)-FORWARD SHUFFLE/LOCK SHUFFLE-FORWARD ROCK-RECOVER-SAILOR 1/4 FORWARD

1-2 Step forward (R-L)
3&4 Step R forward, L close to R/ L cross behind R, step R forward
5-6 Step L forward, recover on L
7&8 1/4 turn L L cross behind R ,step R to side, step L forward

III.HIP WALK(R-L)-PIVOT 1/2 L-KICK BALL CROSS DIAGONAL

1&2 Touching R toe forward(1), Bump R hip backward(&), Bump R hip forward weight on RF(2)
3&4 Touching L toe forward(3),Bump L hip backward(&), Bump L hip forward weight on LF(4)
5-6 Step R forward, 1/2 turn L step L in place
7&8 R kick to R diagonal forward, step ball on R, L cross over R

IV.HIP WALK (R-L)-BOTAFOGO (R-L)

- 1&2 Touching R toe To R facing R diagonal(1), Bump R hip backward(&), Bump R hip forward weight on RF(2)
- 3&4 Touching L toe to L facing L diagonal (3),Bump L hip backward(&), Bump L hip forward weight on LF(4)
- 5&6 R cross over L, step ball on L, step R inplace
- 7&8 L cross over R, step ball on R, step L inplace

Start after 32 count or words Wait a Minute

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