

Brave

拍數: 24 牆數: 4 級數: Beginner
編舞者: Laura Rittenhouse (AUS) - June 2022
音樂: Brave - Sara Bareilles



Start after 8 beats

S1: CROSS ROCKS MOVING FORWARD X 2; DOUBLE TIME SIDE STEPS BACK R DIAG, SIDESTEP BACK L DIAGONAL

1&2,3&4 Cross rock R over L, Recover L, Cross rock R over L, Cross rock L over R, Recover R, Cross rock L over R

5&6,7,8 Step R back on R diagonal, Step L beside R, Step R back on R diagonal, Step L back on L diagonal, Touch R beside L

S2: CROSS MAMBO X 2; R SCUFF, R HEEL DIG, R HEEL HOOK, R HEEL DIG

1&2,3&4 Cross R over L, Recover on L, Step R beside L, Cross L over R, Recover on R, Step L beside R,

5,6,7,8 Scuff R foot fwd, Dig R heel fwd, Cross R foot over L shin, Dig R heel fwd

* TAG then RESTART here on Wall 5 facing 12:00

S3: LINDY R, LINDY L USING BACK CROSS ROCK TO TURN ¼ R

1&2,3,4 Step R to R, Step L beside R, Step R to R, Cross rock L behind R, Recover on R

5&6,7,8 Step L to L, Step R beside L, Step L to L, Turning ¼ R cross rock R behind L (3:00), Recover on L

* Tag then Restart on Wall 5 after count 16, facing 12:00

TAG (4 COUNTS): ROCKING CHAIR

1,2,3,4 Rock fwd on R foot, Recover on L, Rock back on R foot, Recover on L

Restart from S1 facing 12:00