

# Can't Keep Up

**COPPER** KNOB  
STEP SHEETS

拍數: 32      牆數: 4  
編舞者: Jill Weiss (USA) - 20 June 2022  
音樂: Can't Keep Up - Brett Eldredge



**Intro: 32 Counts (start on verse "I think I'm overdue for a little fun")**

**Sequence: 32 – 16 – 32 – 32 – 32- 16 – 32- 32- 32- 32- Tag 1 – 32- 32- Tag 2 – 32 – 32 – 32 (End at 12:00)**

## STEPS BACK WITH SNAP AND TOE FANS

- 1-2            Step back on R angling body to slight left diagonal fanning L toe to L (1) Snap fingers down w both hands (2)
- 3-4            Step back on L angling body to slight right diagonal fanning R toe to R (3) Snap fingers down w both hands (4)
- 5-8            Repeat counts 1-4

## BEHIND SIDE CROSS WITH TOE STRUTS, ¼ RIGHT AND BACK WITH TOE STRUTS, TWO TOE TAPS WITH RIGHT

- 1-2            Step R behind L, step L to left side
- 3-4            Cross R in front of L touching toe down (3) Drop R heel down with weight (4)
- 5-6            Turn ¼ right touching L toe back (5) Drop L heel down with weight (6) 3:00
- 7-8            Tap R toe next to L foot two times

**(Restart here on walls 2 and 6, both starting at 3:00 and restarting at 6:00)**

## KICK BEHIND SIDE CROSS, KICK BEHIND SIDE CROSS

- 1-2-3-4        Kick R foot on a low right diagonal (1) Step R behind L (2) Step L to left side (3) Step R in front of L (4)
- 5-6-7-8        Kick L foot on a low left diagonal (5) Step L behind R (6) Step R to right side (7) Step L in front of R (8)

## TOE HEEL STOMP TOE HEEL STOMP, STOMP KICK

- 1-2-3        Touch R toe next to L turning right knee in (1) Touch R heel next to L turning knee out (2) Stomp R in front of L (traveling forward) (3)
- 4-5-6        Touch L toe next to R turning left knee in (4) Touch L heel next to R turning knee out (5) Stomp L in front of R (traveling forward) (6)
- 7-8        Stomp R next to L (weight stays L), Kick R forward

**TAG 1 (end of wall 10 facing 6:00) Dance up to count 31, substitute the final kick with a second stomp and repeat the last 8 counts, finishing with the original stomp kick.**

**TAG 2 (end of wall 12 facing 12:00) Complete the dance through count 32. After the kick, step R out to R (1), slowly pivot ¼ turn to 3:00 keeping weight on L (2-3-4-5), step back on R, back on L, touch R next to L (6-7-8) 3:00**

**Dance ends at 12:00 with the end of the song. Enjoy!**

**Please do not alter this step sheet in any way without the written permission of the Choreographer. If you would like to use on your website please make sure it is in its original format and include all contact details on this script. Contact: Jill Weiss – Email: [jill@freespindance.com](mailto:jill@freespindance.com) [www.jkshuffles.com](http://www.jkshuffles.com) All rights reserved.**

**Last Update - 28 June 2022**