

# Pasa-Get-Down-Dena

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BY STEPHENETS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: D'ette Perschke (USA) & Diana Oglesby (USA) - June 2022  
音樂: Pasa - Get - Down - Dena - Corb Lund



**Intro: 32 Counts start with weight on L (the song is written as 81 BPM. You will hear the drummer set the beat before the intro)**

**No Tags, No Restarts**

## **S1 (1-8) R ROCKING CHAIR, R SIDE SHUFFLE, L ROCKING CHAIR, L SIDE SHUFFLE**

1&2&      Rock R forward (1), recover to L (&), rock R back (2) recover to L (&) (2)  
3&4      Step R side (3), step L together (&), step R side (4)  
5&6&      Rock L forward (5), recover to R (&) rock L back (6), recover to R (&)  
7&8      Step L side (7), step R together (&), step L side (8)

## **S2 (9-16) ¼ R TURNING SAILOR, SCUFF, CROSSING SHUFFLE, R SCISSOR, L SCISSOR**

1&2&      Cross R behind and turn ¼ R (1), step L side (&), step R side (2), scuff L forward (&) (3:00)  
3&4      Cross L over (3), step R together (&), cross L over (4)  
5&6      Step R side (5), step L together (&), cross R over (6)  
7&8      Step L side (7), step R together (&), cross L over (8)

## **S3 (17-24) MAMBO ½ TURN, L SHUFFLE FORWARD, R FWD, BIG STEP BACK, DRAG, R BACK COASTER**

1&2      Rock R forward (1), recover to L (&), turn ½ R and step R forward (2) (9:00)  
3&4      Step L forward (3), step R together (&), step L forward (4)  
5-6      Step R forward (5) big step L back and drag R heel back (6)  
7&8      Step R back (7) step L together (&), step R forward (8)

## **S4 (25-32) L SIDE, R TOUCH, R SIDE, L TOUCH, WALK BACK L-R, BACK L COASTER, WALK FWD R-L**

1&2&      Step L side (1), touch R together (&), step R side (2), touch L together (&)  
3-4      Step L back (3), step R back (4)  
5&6      Step L back (5), step R together (&), step L forward (6)  
7-8      Step R forward (7), step L forward (8)

## **REPEAT**

**ENDING NOTE – The dance ends 16 counts into wall 6. The wall begins on 9:00, but you will make the ¼ R turn and will end the dance facing 12:00**

Contact: [d2linedance@gmail.com](mailto:d2linedance@gmail.com)