

# Hits Me

COPPER KNOB  
BY STEPHEN

拍數: 32      牆數: 4      級數: Improver  
編舞者: Marianne Langagne (FR) - 20 June 2022  
音樂: Hits me - Lindsay Ell



Intro: 16 Counts . Start on the word " going " (Ain't supposed to be GOING out)

**S 1: CROSS, SIDE, BEHIND, SIDE ,CROSS, L PRESS ¼ TURN L, RECOVER ½ TURN R, TRIPLE ¾ TURN R**

1-2            Cross RF over LF, LF to the L  
3&4           Cross RF behind LF, LF to the L, Cross RF over LF  
5-6           Plant Fwd L in ¼ turn to L bending slightly on the Knee (9:00), Return to RF in ½ turn to R (3:00)  
7&8           LF Back in ½ turn to R (9:00), RF to R in ¼ turn to R (12:00), LF next to RF (weight on LF)

**S 2: SIDE ROCK, CROSS, BACK OUT-OUT, WALK L-R-L, ANCHOR STEP**

1-2            RF to R, Recover on LF  
3&4           Cross RF over LF, LF Back slightly to L, RF to R  
5-6            LF Fwd, RF Fwd  
7&8            LF over RF, Weight on RF, Weight on LF

- HERE RESTARTS 3rd Wall (Facing 6:00) & 7th mur (Facing 9:00)

**S 3: ROCK STEP, TRIPLE ¾ TURN R (ARC), LOCK, BACK, BACK LOCK BACK**

1-2            RF Fwd, Recover on LF  
3&4            RF Fwd in ½ turn R, Together, RF Fwd in ¼ turn R (Forming Arc) 9:00  
5-6            Cross LF over RF, RF Back  
7&8            LF Back, Cross RF over LF, LF Back

**S 4: BACK R-L (WITH KNEE POP), COASTER CROSS WITH ¼ TURN R, SIDE ROCK, ¼ TURN L/CLOSE, TOUCH SWITCHES (KNEE IN)**

1-2            RF Back bending L Knee, LF Back bending R Knee  
3&4            RF Back, Together, Cross RF over LF in ¼ turn to R 12:00  
5-6            LF to L, Recover on RF  
&              Together with pivot ¼ turn to L on ball R (weight on LF) 9:00  
7&8            Touch RF next to LF, R Heel down, Touch LF next to RF (knees turned inward)  
&              L Heel down

ENJOY !!!!

Contact : [eujeny\\_62@yahoo.fr](mailto:eujeny_62@yahoo.fr)  
Website : [www.mariannelangagne.fr](http://www.mariannelangagne.fr)

Last Update: 20 Jun 2022