

Checklist 1,2,3

拍數: 32 牆數: 4
編舞者: EunHye Song (KOR) - June 2022
音樂: Checklist (feat. Chromeo) - MAX

級數: Low Intermediate



**** Intro : 8 Counts**

**** Restart : After 8 Counts of Wall 3 & facing (6:00)**

After 16 Counts of Wall 6 & facing (3:00)

After 16 Counts of Wall 8 & facing (3:00)

[1-8] R Vine step, Close, Swivel, L Vine step, Close, Heel bounce(Knee Pop)

1-2& Step RF to R side, Cross LF behind RF, Step RF to R side
3&4 Close LF next to RF, Twist both heel to R, return both heel to center
5-6& Step LF to L side, Cross RF behind LF, Step LF to L side
7&8 Close RF next to LF, Lift heels of both feet popping Knees forward, Return Heels to floor

[9-16] R Dorothy, L Dorothy, 1/4 Turn R Forward, Full Turn R, Walk×3

1-2& Step RF to R diagonal, Close LF behind RF, Step RF to R side
3-4& Step LF to L diagonal, Close RF behind LF, Step LF to L side
5-6& 1/4 Turn R step RF forward, 1/2 turn R step LF back, 1/2 turn R step RF forward
7&8 Step LF fwd, walk RF fwd, walk LF fwd

[17-24] Side, Back Rock, Side, Back Rock, Rock Forward, Close, 1/4 Turn L Forward, 1/2 Turn R Forward

1-2& Step RF to R side, Rock Back LF, Recover weight RF
3-4& Step LF to L side, Rock Back RF, Recover weight LF
5-6& Rock forward RF, recover LF, close RF next to LF
7-8 1/4 Turn L step LF forward, 1/2 turn R step RF forward

[25-32] Kick &, Back Rock, Side, Back, 1/4 R Jazz Box with Cross

1&2& Kick LF forward, Step LF next to RF, Rock Back RF, Recover weight LF
3-4 Step RF to R side, Step LF back
5-6 Cross RF over LF, 1/4 turn R step LF back
7-8 Step RF to R side, Cross LF over RF

**** I hope you enjoy this time and be happy.**

Last Update: 9 Sep 2022