

Me On You

COPPERKNOB
STEPPERS

拍數: 32 牆數: 4 級數: Improver
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音樂: Me on You - Josh Kiser : (iTunes and Spotify)



#32 count Intro

S1: Rock R Behind, Recover, R Side Shuffle, L Across, R to Side-¼ L, Shuffle Back

1 2 Rock R behind L, Recover weight on L
3&4 Side Shuffle to R (Angle body 1/8 R) - RLR
5 Step L across R (straightening up to 12 o'clock),
6 Step R to side turning ¼ L (9 o'clock)
7&8 Shuffle back on L - LRL

S2: Back Dip Down/Up, Fwd Dip Down/Up, Step R Fwd, Drag, Shuffle Fwd

1 2 (dipping motion, ie down/up) Step R back bending R knee (down), Straighten R knee rocking R back (Up)
3 4 (dipping motion, ie down/up) Bend R knee (down), Step/rock forward onto L straightening R knee (Up)
5 6 Step R forward, Drag L towards R
7&8 Shuffle forward on L - LRL

S3: 2 x ½ L Pivots, R Fwd, L Fwd, Pivot ½ R, L Fwd

1234 Step R forward, Pivot ½ L, Step R forward, Pivot ½ L (9 o'clock)
5 6 Step R forward, Step L forward
7 8 Pivot ½ R, Step L forward (3 oclock)

RESTART HERE ON WALL 3 (see "Note" below)

S4: Rock/Sway Side R, Recover, R Behind, Rock/Sway Side L, Recover, L Behind, Rock/Sway Side R, Recover

1 2 Rock/sway R to side, Roll body slightly R as Recover weight on L
3 4 Step R behind, Rock/Sway L to side
5 6 Roll body slightly L as recover weight on R, Step L behind
7 8 Rock/Sway R to side, Roll body slightly R as recover weight on L (body should now be facing at angle to start again)

[32]

Note: (For Restart Only) On count 24 step L foot to L side (not forward).

TO FINISH: ON WALL 9, DANCE TO COUNT 30 (step L behind)(should be facing 3 o'clock wall) THEN STEP R TO R SIDE SWAYING R, SWAY L, SWAY R TURNING ¼ L

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