

He's Moving Slow

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Susan Reynolds (USA) - July 2020
音樂: You Don't Love Me (Pisk Remix) - Caro Emerald



****2 Restarts – Both occur after 16 counts while facing 3:00**

Intro: 8-counts.

CHARLESTON

1-2 Step R forward, Kick L forward
3-4 Step L back, Touch R back
5-6 Step R forward, Kick L forward
7-8 Step L back, Touch R back

STEP TOGETHER SHUFFLE, WALK BACK 3, KICK

1-2 Step R to side, Step L together beside R
3&4 Step R to side, Step L beside R, Step R to side
5-8 Step L back, Step R back, Step L back, Kick R forward

Restart here after 16 counts, on Wall 4 facing 3:00

Restart here after 16 counts, on Wall 8 facing 3:00*

RAMBLE RIGHT, HIT HEEL TWICE

1-4 Twist both heels R moving R, Twist both toes to R moving R, Twist both heels R moving R,
 Twist both toes to R moving R (End with weight on L)
5-6 Lift R heel up behind body as hit heel with R hand, Touch R toe down in place
7-8 Lift R heel up behind body as hit heel with R hand, Touch R toe down in place

¼ PIVOT TURN LEFT, JAZZ BOX

1-2 Step R forward as turn 1/8 to L, (Weight returns to L foot)
3-4 Step R forward as turn 1/8 to L, (Weight returns to L foot)
7-8 Cross R over L, Step back L, Step R to side, Step L beside R

***NOTE: There is a section of music that has subdued lyrics and different music. It begins on Wall 7 facing 6:00. Keep dancing. When you are at Wall 8 facing 3:00, dance 16 counts and do the second restart**

The dance moves counterclockwise.

Questions: shreynolds203@gmail.com