

I See Better Days

拍數: 48 牆數: 4 級數: High Beginner
編舞者: Sonny V. (DE) - June 2022
音樂: Better Days - WIER



Intro: 32 counts

NO TAGS / 1 RESTART*

[1-8] Right, Close, Cross Shuffle Left, Left, Close, Cross Shuffle Right

1-2 RF right – LF close next to RF
3&4 RF cross over LF – LF slightly left – RF cross over LF
5-6 LF left – RF close next to LF
7&8 LF cross over RF – RF slightly right – LF cross over RF

[9-16] Right, Close, Coaster Step, Left, Close, Kick & Point

1-2 RF right – LF close next to RF
3&4 RF back – LF next to RF – RF fwd.
5-6 LF left – RF next to LF
7&8 LF kick fwd. – LF slightly fwd. – RF point right

*Restart the dance here in wall 5 (12:00)

[17-24] Anchor Step 3x, Rock Back, Recover

1&2 RF back – weight back on LF – weight back on RF
3&4 LF back – weight back on RF – weight back on LF
5&6 RF back – weight back on LF – weight back on RF
7-8 LF rock back – recover on RF

[25-32] Mambo Cross 3x, Step ½ Turn Left

1&2 LF rock left – recover on RF – LF cross RF
3&4 RF rock right – recover on LF – RF cross LF
5&6 LF rock left – recover on RF – LF cross RF
7-8 RF fwd. – ½ turn left step on LF (6:00)

[33-40] (Fwd. Out Out, Sailor ¼ Turn Left) 2x

1&2 RF fwd. – LF out fwd. – RF out fwd.
3&4 LF behind RF turning ¼ left (3:00) – RF out right – LF out left
5&6 RF fwd. – LF out fwd. – RF out fwd.
7&8 LF behind RF turning ¼ left (12:00) – RF out right – LF out left

[41-48] Fwd. Out Out, Sailor ¼ Turn Left – Step ½ Turn Left 2x

1&2 RF fwd. – LF out fwd. – RF out fwd.
3&4 LF behind RF turning ¼ left (9:00) – RF out right – LF out left
5-6 RF fwd. – ½ turn left step on LF (3:00)
7-8 RF fwd. – ½ turn left step on LF (9:00)

Repeat and have fun!!

Your feedback is welcome!

Write to: s.vocke@gmx.net or dancing-unicorn@gmx.net

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