

5 Foot 9

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Laurent Chalon (BEL) - June 2022
音樂: 5 Foot 9 - Tyler Hubbard



Intro : 16 counts

Section 1: Dorothy Step, Heels Switches, Rock Fwd, ¼ turn L & Chasse L

1-2& RF to R diagonal, Close LF behind RF, RF to R side 12:00
3&4& L heel forward, LF next to RF, R heel forward, RF next to LF
5-6 Rock LF Forward, recover on RF
7&8 ¼ turn L and LF to L Side, RF next LF, LF to L Side 09:00

Section 2: Cross, Side, ½ Turn Back & Heel &, Heel Grind ¼ turn, Back & Heel &

1-2 RF over LF, LF to L Side
3&4& ½ turn R and RF Back, LF next to RF, R heel forward, RF next to LF 10:30
5-6 Dig L heel forward, ¼ turn L recover weight to RF 07:30
7&8& LF back, RF Next to LF, L Heel forward, LF next to RF

Section 3: Shuffle Fwd, ¼ turn R, Shuffle Fwd, ½ Turn L & Cross Rock, Coaster Step

1&2 RF Forward, LF next to RF, RF Forward
3&4 ¼ turn R and Step LF Forward, RF next to LF, LF forward 10:30
5-6 ½ turn L and Cross Rock RF over LF, recover on LF with Sweep RF 09:00
7&8 RF back, LF next to RF, RF forward

Section 4: Kick Ball, Side Point & Side Point & Touch, Coaster Step, Mambo step

1&2& Kick LF, LF next to RF, Point RF to R Side, RF next to LF
3&4 Point LF to L Side, LF next to RF, Touch RF next to LF
5&6 RF back, LF next to RF, RF Forward
7&8 Rock LF Forward, recover on RF, LF Back

Section 5: Full Turn Back, Anchor Step, Anchor Step, Rock Back + Kick

1-2 ½ turn R and Step RF forward, ½ turn R and LF back (option : RF back, LF back) 09:00
3&4 Anchor Step RF : Lock RF behind LF, Recover on LF, Step slightly back on RF
5&6 Anchor Step LF : Lock LF Behind RF, Recover on RF, Step slightly back on LF
7-8 Rock Back RF + Kick LF, Recover on LF*

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Section 6: Cross Side Rock, Cross Side Rock, Step Pivot ½ turn L, Full Turn L

1&2 Cross RF over LF, Rock LF to L side, Recover on RF
3&4 Cross LF over RF, Rock RF to R Side, Recover on LF
5-6 RF forward, Pivot ½ turn L 03:00
7-8 ½ turn L and Step RF Back, ½ L and Step RF forward (option: RF forward, LF forward) 03:00

Bonne danse...

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