In The Morning Light

級數: Intermediate

編舞者: Myra Harrold (SCO) - June 2022

音樂: Have You Ever Been In Love - Leo Sayer

牆數:2

Intro: 16 Counts

SECT:1 ROCK,FULL TURN,SWEEP,WEAVE,ROCK,RECOVER & CROSS,3/4,FWD,1/2,STEP

- 1,2&3 Rock Rf Fwd,Recover To Lf,Pivot 1/2 R,Rf Fwd,Lf Slightly Fwd,Pivot 1/2 R,Sweeping Rf (12)
- 4&5,6&7 Rf Behind Lf,Lf To L,Cross Rock Rf Over Lf,Recover To Lf,Rf To R,Cross Lf Over Rf (12)
- &8&1 Pivot 1/4 L,Rf Back,Pivot 1/2 L,Lf Fwd,Rf Fwd,Pivot 1/2 L,Lf Fwd (9)

(Easier Option For Counts &8&1 - Rf To R, Lf Cross, Rock Rf To R,Pivot 1/4 L,Lf Fwd)

SECT:2 MAMBO LEAN BACK, BALL 1/4 LEAN BACK, BALL 3/4, SWAYS

- 2&3,4&5 Rock Rf Fwd,Recover To Lf,Rock/Lean Back On Rf ,Lf Fwd,Turn 1/4 L,Rf Back,Rock/Lean Back On Lf (6)
- 6&7,8&1 Rf Fwd,Pivot 1/2 R,Lf Back,Pivot 1/4 R,Rock/Sway Rf To R,Quick Rock/Sways L,R,L (3)

SECT:3 WEAVE L, SWEEP, WEAVE R, HITCH 1/8. RUN FWD R, L, R, LIFT, RUN BACK, L, R, L, SWEEP R

- 2&3,4&5 Rf Over Lf,Lf To L,Rf Behind Lf,Sweep Lf,Lf Behind Rf,Rf To R,Lf Over Rf,Hitch Rf,Pivot 1/8 L (1.30)
- 6&7,8&1 Run Fwd On Rf,Lf,Rf Rock Fwd Up On Balls Of Feet,Run Back On Lf,Rf,Lf,Sweep Rf (1.30)

SECT:4 BACK,SWEEP,BEHIND,SIDE,CROSS,HITCH,CROSS,3/4 TURN,3/4 TURN,ROCK,RECOVER

2,3&4 Rf Back,Sweep Lf Turning 1/8 L,Lf Behind Rf,Rf To R,Cross Lf Over Rf,Hitch Rf (12)
5&6&7,8 Cross Rf Over Lf,Pivot 1/4 R,Lf Back,Pivot 1/2 R,Rf Fwd,Pivot 1/2 R,Lf Back,Pivot 1/4 R,Rock Rf To R,Recover Lf To L (6) (Easier Option - Cross,1/2 Turn,Step Together,Rock,Recover)

***3 EASY TAGS

TAG 1-END OF WALL 2 FACING 12 O.CLOCK -

1,2&3,4&- Rock Rf Across Lf,Recover Lf,Rf To R,Rock Lf Across Rf,Recover Rf,Lf To L

TAG 2-END OF WALL 3 FACING 6 O.CLOCK -

1,2 - Sway R,Sway L

TAG 3-END OF WALL 4 FACING 12 O.CLOCK -

1.2&3,4& - SAME AS TAG 1

The dance ends on the sways facing 3 o.clock.turn 1/4 left on LF,pivot 1/2 L,RF back,pivot 1/2 L,RF fwd, tah dah





拍數: 32