

# Stay Young Forever

COPPER KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Easy Intermediate  
編舞者: Malene Jakobsen (DK) & Adam Åstmar (SWE) - June 2022  
音樂: Feel The Love (From "American Song Contest") - Riker Lynch : (iTunes)



Intro: 16 counts from the beginning 8 sec. seconds into track - dance begins with weight on L  
Restart There are 3 easy restarts. On wall 2 and 6 facing 6.00 and on wall 9.00 facing 9.00, all after 16 counts

## [1-8] Chasse R, cross rock, 1/4, point, clap, ball point, clap twice

1&2            (1) Step R to R (&) step L next to R, (2) step R to R 12.00  
3-4            (3) Rock L across R, (4) recover onto R 12.00  
&5-6          (&) Turn 1/4 L stepping fwd. on L, (5) point R to R, (6) clap hands 9.00  
&7&8          (&) Step R next to L, (7) point L to L, (&8) clap hands twice 9.00

## [9-16] Ball, step 1/2, R shuffle, shuffle 1/2, out out, hitch

&1-2          (&) Step L next to R, (1) step fwd. on R, (&) turn 1/2 L 3.00  
3&4          (3) Step fwd. on R, (&) step L next to R, (4) step fwd. on R 3.00  
5&6          (5) Turn 1/4 R stepping L to L, (&) step R next to L, (&) turn 1/4 R stepping back on L 9.00  
&7-8          (&) Step slightly out on R, (7) step slightly out on L, (8) hitch R 9.00

Easy option: If you don't wish to turn you can do this:

(&) Step L next to R, (1) rock fwd. on R, (2) recover onto L and then just do 2 shuffles back, first right then left  
NOTE: Restart here on wall 2 and 6 facing 6.00, on wall 9 facing 9.00

## [17-24] Side, touch, shuffle 1/4, shuffle 1/4, coaster cross

1-2            (1) Step R to R, (2) touch L next to R 9.00  
3&4          (3) Turn 1/4 L stepping fwd. on L, (&) step R next to L, (4) step fwd. on L 6.00  
5&6          (5) Turn 1/4 L stepping back on R, (&) step L next to R, (6) step back on R 3.00  
7&8          (7) Step back on L, (&) step R next to L, (8) cross L over R 3.00

## [25-32] 1/4, 1/4, sailor step, behind, side, cross, snap fingers, side, behind

1-2            (1) Turn 1/4 R stepping fwd. on R, (2) turn 1/4 R stepping L to L 9.00  
3&4          (3) Cross R behind L, (&) step L to L, (4) step R to R 9.00  
5&6          (5) Cross L behind R, (&) step R to R, (6) cross L over R 9.00  
7&8          (7) Snap your fingers, (&) step R to R, (8) cross L behind R 9.00

Ending: Wall 11 is the last wall, starts facing 6.00. After you've danced the whole wall just make 1/4 L stepping back on R on count 1 and end facing 12.00

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