

# Hold On

COPPER KNOB  
BY STEPHEN

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Fred Whitehouse (IRE) - April 2022  
音樂: Hold On (feat. Lauren Weintraub) - Brandon Ray



**Intro: 8 Counts, Start at approx 6 secs**

**SEC 1 Back Rock, ¼ Side, Back Rock, ½ Back, Back Rock, Sweep, Step, Sweep, Cross, Side, ⅙ Together**

1-2&      Rock right back, recover weight onto left, turn ¼ left step right to right (9:00)  
3-4&      Rock left back, recover weight onto right, turn ½ right step left back (3:00)  
5-6      Rock right back, recover weight onto left sweeping right from back to front  
7      Step right forward sweeping left from back to front  
8&1      Cross left over right, step right to right, turn ⅙ left step left beside right (1:30)

**SEC 2 Walk, Walk, ⅙ Side Rock Cross, ½ Hinge Turn, Cross, Side, ¼ Side**

2-3      Step right forward, step left forward  
4&5      Turn ⅙ left rock right to right, recover weight onto left, cross right over left (12:00)  
6-7      Turn ¼ right step left back, turn ¼ right step right to right (6:00)  
8&1      Cross left over right, step right to right, turn ¼ left step left to left (3:00)

**SEC 3 ½ Diamond, ⅙ Walk, Walk, Step, ⅙ Pivot**

2&3      Turn ⅙ left step right forward, step left forward, turn ⅙ left step right to right (12:00)  
4&5      Turn ⅙ left step left back, step right back, turn ⅙ left step left to left (9:00)  
6-7      Turn ⅙ left step right forward, step left forward (7:30)  
8&      Step right forward, pivot ⅙ left transferring weight onto left (12:00)

**SEC 4 Nightclub Basic, Nightclub Basic, ¼ Step, ¼ Side Lunge, ¼ Recover, ½ Back**

1-2&      Step right to right, step left beside right, cross right over left  
3-4&      Step left to left, step right beside left, cross left over right  
5      Turn ¼ right step right forward (3:00)  
6-7      Turn ¼ right lunge left to left, turn ¼ right recover weight onto right (9:00)  
8      Turn ½ right step left back (3:00)

**Tag: At the end of Walls 2 & 5**

**Reverse Rocking Chair**

1-2      Rock right back, recover weight onto left  
3-4      Rock right forward, recover weight onto left