

# Somniphobia

拍數: 32      牆數: 4      級數: Improver  
編舞者: Rex Allott (UK) - June 2022  
音樂: Goodnight Moon - Shivaree



## Intro - 28 counts

### S1. Heel swivel R, hitch R, step slide R, L cross mambo step

1-2. Swivel heels R, return  
3-4. Hitch R knee, return  
5-6. Step R to R, slide L next to R  
7&8. Cross L over R, step R back, step L next to R

### S2. Step R fwd, L back, full chasse turn R, step L fwd, R back, L coaster step

1-2. Step R fwd, step back on L  
3&4. Making full turn, step R, L, R  
5-6. Step L fwd, step back on R  
7&8. Step L back, step R next to L, step L fwd

### S3. Syncopated vine L, step R fwd, back, R coaster step

1-2. Step L to L, step R behind L  
&3-4. Step L to L, cross R over L, step L to L  
5-6. Step R fwd, step back on L  
7&8&. Step R back, step L next to R, step R fwd, step L next to R

### S4. Scuff, brush cross R over L, 3/4 step, chasse turn R

1-2. Scuff R fwd, back, crossing over L  
3-4. Swing R fwd over L, step R next to L  
5-6. Turning 1/4 R, step R out fwd, step L next to R  
7&8&. Turning 1/2 R, step R out fwd, step L next to R, step R out R, step L next to R

### Tag 1. Step slide L, R

1-2. Step L to L, slide R next to L  
3-4. Step R to R, slide L next to R

### Tag 2. Heel swivel L, hitch L, step slide L, R cross mambo step

1-2. Swivel heels L, return  
3-4. Hitch L knee, return  
3-4. Step L to L, slide R next to L  
7&8. Cross R over L, step L back, step R next to L

Tag 1. After 4th. S4. (Facing 12 o'clock)

Tag 2. & S1. after last S3. to finish facing 12 o'clock