

I Have Been Lonely

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Marsha Ludtke (USA) - June 2022
音樂: I Have Been Lonely - Blake Shelton



INTRO: 32 COUNTS - NO TAGS OR RESTARTS

SIDE TOUCHES, RIGHT AND LEFT, SIDE SHUFFLES WITH ROCK STEP

1,2 Step right foot to right side, touch left foot next to right
3,4 Step left foot to left side, touch right foot next to left
5&6 Step right foot to right side, step left foot next to right, step right foot to right
7,8 Rock back on left foot, recover to right

SIDE SHUFFLE TO LEFT WITH BACK ROCK, (2) ¼ TURNS TO LEFT

1&2 Step left foot to left, bring right foot next to left, step left foot to left
3,4 Rock back on right foot, recover to left.
5,6,7,8 Step right foot forward and turn ¼ to left (twice)

DIAGONAL STEPS BACK, ¼ MONTEREY TURN TO RIGHT

1,2 Step right foot back on diagonal and slide left foot next to right
3,4 Step left foot back on diagonal and slide right foot next to left
5,6 Point right foot to right side, pivot on left foot ¼ to right side
7,8 Point left foot to left side, step left foot next to right

STEP POINT 2X, JAZZ BOX

1,2 Step right foot forward, point left foot to left side
3,4 Step left foot forward, point right foot to right side
5,6 Cross right foot over left, step left foot back.
7,8 Step right foot home and bring left foot home.

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