

Forever and Ever

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Muhammad Yani (INA) - June 2022
音樂: Forever and Ever - Demis Roussos



Intro : 32C, Restart After 24C on wall 6

Sect. 1 Rock Forward - Recover, Back Shuffle, Rock Back - Recover, Shuffle Forward

1,2 Rock RF fwd, Recover on LF
3&4 Step RF to backward, step LF to RF, step RF to backward
5,6 Rock LF back , Recover on RF
7&8 Step LF fwd, step Rf to LF, Step LF fwd

Sect. 2 Side Rock- recover (R) , Cross- side , Rock side - Cross, Side Rock - recover(R)

1,2. Rock RF to R, Recover on LF
3,4 Cross RF over LF, step LF to L
5,6. Recover on RF, Cross LF over RF
7,8. Step RF to R, Recover on LF

Sect. 3 Cross rock- Recover, Chasse (R), Cross rock - Recover, ¼L. Chasse (09.00)

1,2. Rock cross RF over LF, Recover on LF
3&4 step Rf to R, step LF next to RF, step Rf to R
5,6 Rock cross LF over RF, Recover on Rf
7&8 Step LF to L, step Rf next to LF, Turn ¼L. Step LF fwd (09.00)

Sect. 4: ½L. Pivot, Fwd shuffle , Rock fwd - Recover, Coaster step (03.00)

1,2 step Rf fwd, Turn ½L. Step LF fwd (03.00)
3&4. step RF fwd, step LF next to RF, step Rf fwd
5,6. Step LF fwd, Recover on RF
7&8. Step back LF, step RF together, step lf to fwd

Happy dancing...

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