Bam Bam

拍數: 32

級數: Improver

編舞者: Amy Christian (USA) - June 2022

音樂: Bam Bam (feat. Ed Sheeran) - Camila Cabello

Intro: Start on the lyrics "Surfing". (No tags or restarts)

FORWARD MAMBO, BACK MAMBO, CHASSE,

- 1&2 Rock forward on R, Recover on L, Step R back,
- 3&4 Rock back on L, Recover on R, Step L forward,
- 5-8 Step R to right side, Step L next to R, Step R to right side, Step L next to R,

CROSS & CROSS & CROSS, 14, SIDE, HEEL SWITCHES,

- 1&2&3 Cross R over L, Step on ball of L to left side, Cross R over L, Step on ball of L to left side, Cross R over L,
- 4-5 ¹⁄₄ Turn right Step L back [3:00], Step R to right side,
- 6&7&8& Place L heel forward, Replace L next to R, Place R heel forward, Replace R next to L, Place L heel forward, Replace L next to R,

SWAY, SWAY, TRIPLE ON THE SPOT, SWAY, SWAY, TRIPLE ON THE SPOT,

- 1-2 Step R out to right side and sway right, Sway to left side,
- 3&4 Triple on the spot R-L-R,
- 5-6 Step L out to left side and sway left, Sway to right side,
- 7&8 Triple on the spot L-R-L,

R SAMBA, L SAMBA, TAP(BUMP), ½, TAP(BUMP), STEP FORWARD,

- 1a2 (or 1&2) Cross R over L, Step out on ball of L, Recover out on R,
- 3a4 (or 3&4) Cross L over R, Step out on ball of R, Recover out on L,
- 5-6 Tap R forward as you Bump R hip forward, Make ¹/₂ turn left as you drop R heel down, [9:00]
- 7-8 Tap L forward as you Bump L hip forward, Drop L heel down,

Start over!

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牆數:4