

I've Been Around

拍數: 32 牆數: 2 級數: Improver
編舞者: Flo Garnier (FR) - June 2022
音樂: I've Been Around - Kip Moore



Intro : 8 counts

[1-8] : side R, cross L, chassé $\frac{1}{4}$ turn R, step L $\frac{1}{2}$ turn R, chassé L $\frac{1}{4}$ R

1-2 RF to the R, LF cross over RF
3&4 $\frac{1}{4}$ turn R and RF ahead, LF beside RF, RF ahead
5-6 LF ahead, $\frac{1}{2}$ turn R
7&8 $\frac{1}{4}$ turn R and LF to the L, RF beside LF, LF to the L

[9-16] : behind side cross R, chassé $\frac{1}{4}$ turn L, step R $\frac{1}{2}$ turn L, chassé R $\frac{1}{4}$ turn L

1&2 RF cross behind LF, LF to the L, RF cross over LF
3&4 $\frac{1}{4}$ turn L and LF ahead, RF beside LF, LF ahead
5-6 RF ahead, $\frac{1}{2}$ turn L
7&8 $\frac{1}{4}$ turn L and RF to the R, LF beside RF, RF to the R

[17-24] : Cross L, side R, chassé L $\frac{1}{4}$ turn L, cross R, side L, chassé R $\frac{1}{2}$ turn R

1-2 LF cross over RF, RF to the R
3&4 $\frac{1}{4}$ turn L and LF to the L, RF beside LF, LF to the L
5-6 RF cross over LF, LF to the L
7&8 $\frac{1}{4}$ to the R and RF to the R, LF beside RF, $\frac{1}{4}$ turn R and RF ahead*

*Here : restarts on wall 4 and 9, with choreo modification

[25-32] : full travelling pivot, chassé L $\frac{1}{4}$ turn R, jazz box cross R

1-2 $\frac{1}{2}$ turn R and LF behind, $\frac{1}{2}$ to the R and RF ahead
3&4 $\frac{1}{4}$ turn R and LF to the L, RF beside LF, LF to the L**
5-6-7-8 RF cross over LF, LF behind, RF to the R, LF cross over RF

** Here : Tag on wall 11

RESTARTS : After the 24th count on wall 4 and 9. Modification : replace counts 7&8 by :

7-8 $\frac{1}{4}$ turn R and RF to the R, LF cross over RF

TAG : After the 28th count on wall 11, 8 counts :

[1-8] : out-out, (toes, heels, toes) in, twice

&1 RF to the R, LF to the L
2-3-4 toes in, heels in, toes in
5& RF to the R, LF to the L
6-7--8 toes in, heels in, toes in

Start again and have fun !