

I'm a Project

拍數: 32 牆數: 4 級數: Improver
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音樂: Project - Chase McDaniel



#48 count intro start when lyrics start, 2 restarts on walls 4 and 8

Kick forward, kick side, R coaster step, kick forward, step back, swivel body

1-2 Kick RF forward, kick RF to R side
3&4 Step RF back, step LF next to RF, step RF forward
5-6 Kick LF forward, swing L leg back stepping on ball of LF
7-8 Swivel body 1/2 turn over L shoulder (facing 6:00), Swivel body 1/2 turn back over R shoulder (facing 12:00)

1/2 turn, kick, R coaster step, skate L, skate R, 1/4 turn shuffle.

1-2 Step back on LF making 1/2 turn over R shoulder, kick RF forward
3&4 Step RF back, step LF next to RF, step RF forward
5-6 Slide LF forward in a skate motion, slide RF forward in a skate motion
7&8 Step LF to L side making 1/4 turn to the L, step RF next to LF, step LF forward

***Restart here on walls 4 and 8**

Toe, heel, hitch, heel jack, heel jack, 1/2 pivot turn

1&2 Touch R toe forward, touch R heel forward, hitch R leg up
3&4 Cross RF over LF, step LF to L side, touch R heel to R side
5&6 Cross LF over RF, step RF to R side, touch L heel to L side
7-8 Step RF forward, turn 1/2 turn over L shoulder

Dorothy R, Dorothy L, mambo step, L coaster step

1-2& Step RF forward to R diagonal, cross LF behind RF, step RF forward to R diagonal
3-4& Step LF forward to L diagonal, cross RF behind LF, step LF forward to L diagonal
5&6 Rock forward on RF, recover onto LF, step back on RF
7&8 Step LF back, step RF next to LF, step LF forward.
