

2B Human

拍數: 48 牆數: 4 級數: Phrased Intermediate - WCS feel
編舞者: Jason Takahashi (USA) - June 2022
音樂: Hurts 2B Human (feat. Khalid) - P!nk



Dance begins after counts 16 counts - No Tags or Restarts

Sequence: AA B AA BB AA BB A(6 w/ Ending)

Part A: 32 Counts

[1-9] Walk, Mambo, Sweep, Behind, ¼ L, Forward, Pivot ½ L, ¼ L Side, ¼ L Cross, Diagonal Back x2, Cross

- 1 2&3 Step R Forward (1), Rock L Forward (2), Recover onto R (&), Step L Back while sweeping R from front to back (3) [12:00]
4&5 Cross R behind L (4), Turn ¼ L stepping L Forward (&), Step R Forward (5) [9:00]
6&7 Pivot ½ L, weight ending on L (6) [3:00], Turn ¼ L Stepping R to R (&) [12:00], Turn ¼ L Crossing L over R (7) [9:00]
8&1 Step R to back R Diagonal (8), Step L to back L Diagonal (&), Cross R over L (1) [9:00]

[9-17] Coaster Step, Mambo ½ R, Chase Turn ½ R, Mambo, Sweep

- 2&3 Step L Back (2), Step R next to L (&), Step L Forward (3) [9:00]
4&5 Rock R Forward (4), Recover onto L (&), Turn ½ R stepping R Forward (5) [3:00]
6&7 Step L Forward (6), Turn ½ R taking weight on R (&) [9:00], Step L Forward (7) [9:00]
8&1 Rock R Forward (8), Recover onto L (&), Step R Back sweeping L from front to back (1) [9:00]

[18-25] Rock & Sweep, Rock & Sweep, Anchor Step, Forward, ¼ R & Close

- 2&3 Rock back on L (2), Recover onto R (&), Step back on L sweeping R from front to back (3) [9:00]
4&5 Rock back on R (4), Recover onto L (&), Step back on R sweeping L from front to back (5) [9:00]
6&7 Rock back on L (6), Recover onto R (&), Rock back on L, settling weight (7) [9:00]
8&1 Step R Forward (8), Turn ¼ R stepping L to L (&) [12:00], Close R next to L (1) [12:00]

[26-32] Cross, ¼ L Back, ½ L Forward, Ball Cross, Hold, Unwind, Step, Lock

- 2 3 4 Cross L over R (2), Turn ¼ L stepping Back on R (3) [3:00], Turn ½ L stepping Forward on L (4) [3:00]
&5 6 Step ball of R slightly behind L (&), Cross L over R (5), Hold (6) [3:00]
7 8& Full Spiral Unwind, ending with R hooked slightly in front (7) [3:00], Step R Forward (8), Lock L slightly behind R (&) [3:00]

Part B: 16 Counts (First B begins at [6:00])

[1-8] Styled Forward Step Touch x4, Full Chase Turn L, Big Step Back w/ Drag, Back, Lock

- 1&2& Step R Forward to R Diagonal (1), Close L next to R (&), Step L Forward to L Diagonal (2), Close R next to L (&) [6:00]
3& 4 Step R Forward to R Diagonal (3), Close L next to R (&), Step L Forward (4) [6:00]
Style note: Fan out knees and feet as you step forward, and make the step touches more of a "sliding" motion.
5&6 7 Step R Forward (5), Turn ½ L taking weight on L (&) [12:00], Turn ½ L stepping back on R (6) [6:00], Big Step Back on L, dragging R (7) [6:00]
8& Step R Back, slightly behind L (8), Lock L over R (&) [6:00]

[9-16] Back Walks w/ Heel Grinds x4, Ball Cross, Hold, Unwind, Step, Lock

- 1 2 3 4 Step R Back as you swivel L Heel (1), Step L Back as you swivel R Heel (2), Step R Back as you swivel L Heel (3), Step L Back as you swivel R Heel (4) [6:00]
&5 6 Step Ball of R slightly behind L (&), Cross L over R (5), Hold (6) [6:00]

7 8& Full Spiral Unwind, ending with R hooked slightly in front (7) [6:00], Step R Forward (8), Lock L slightly behind R (&) [6:00]

Ending: On last A (7th repetition, beginning facing [6:00], on Count 6, you will do a $\frac{1}{4}$ Pivot L (instead of $\frac{1}{2}$), ending facing [12:00]
