

Give Me Your Tempo

拍數: 32 牆數: 2 級數: Improver
編舞者: Nathan Gardiner (SCO) - June 2022
音樂: Tempo - Matteo Bocelli



Intro: 18 secs. into track he sings "I Wasn't Planning" start dance on the word "Planning"

Dorothy R & L, Heel Switches, Step Forward, Scuff

1-2& Step R to R diagonal, Lock L behind R, Step slightly forward on R
3-4& Step L to L diagonal, Lock R behind L, Step slightly forward on L
5&6& Dig R heel forward, Step R next to L, Dig L heel forward, Step L next to R
7-8 Step forward on R, Scuff L foot forward

Rock Forward, Recover, Shuffle ½ L, Step Pivot ¼ L, Step Pivot ¼ L

1-2 Rock forward on L, Recover on R
3&4 ¼ L stepping L to L side, Step R next to L, ¼ L stepping forward on L
5-6 Step forward on R, Pivot ¼ L
7-8 Step forward on R, Pivot ¼ L

Cross, Side L, Sailor with Heel, Ball Cross, Side R, Cross Shuffle

1-2 Cross R over L, Step L to L side
3&4 Step R behind L, Step L to L side, Dig R heel to R diagonal
&5-6 Step R next to L, Cross L over R, Step R to R side
7&8 Cross L over R, Step R to R side, Cross L over R

Chasse R, Rock Back, Recover, ¼ R, ¼ R, Step Forward, Scuff

1&2 Step R to R side, Step L next to R, Step R to R side
3-4 Rock back on L, Recover on R
5-6 ¼ R stepping back on L, ¼ R stepping R to R side
7-8 Step forward on L, Scuff R foot forward

Tag 1: End of walls 2 & 6

Rocking Chair

1-2 Rock forward on R, Recover on L
3-4 Rock back on R, Recover on L

Tag 2: End of walls 3 & 7

Rocking Chair, Walk Forward R & L

1-2 Rock forward on R, Recover on L
3-4 Rock back on R, Recover on L
5-6 Step forward on R, Step forward on L

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Last Update - 7 June 2022