

Dear Jesus

拍數: 40 牆數: 4 級數: Improver
編舞者: Magali CHABRET (FR) - May 2022
音樂: Dear Jesus - Mitchell Tenpenny : (CD: The Low Light Sessions)



#16 counts intro (approx 12 sec)

S1 : WALK FWD R/L, ¾ TURN L, CROSS ROCK, L SIDE, CROSS ROCK, ¼ TURN R

1-2 Step Rf forward – step Lf forward
3&4 Step Rf forward - turn 1/2 pivot to left, taking weight on Lf (6:00) – turn 1/4 left stepping Rf to side (3:00)
5&6 Cross Lf over Rf – recover onto Rf – step Lf to side
7&8 Cross Rf over Lf – recover onto Lf – turn 1/4 right stepping Rf forward (6:00)

S2 : L DIAGONAL LOCK STEP, SCUFF, R DIAGONAL LOCK STEP, STEP, TAP, BACK, KICK, L TRIPLE STEP BACK

1&2 Step Lf diagonally forward left – lock Rf behind Lf – step Lf diagonally forward left
& Scuff Rf
3&4 Step Rf diagonally forward right – lock Lf behind Rf – step Rf diagonally forward right
5&6& Step Lf forward – tap Rf behind Lf – step Rf back – Kick Lf forward
7&8 Step Lf back – step Rf beside Lf – step Lf back

S3 : R COASTER STEP, L/R/L HEEL STRUTS FWD, MONTEREY ¼ R, TOUCH

1&2 Step back on ball of Rf – close Lf next to Rf – step Rf forward
3&4& Touch left heel forward – drop left toes – touch right heel forward – drop right toes
5& Touch left heel forward – drop left toes
6&7& Point Rf to side – turn 1/4 right stepping Rf next to left – point Lf to side – close Lf next to Rf (9:00)
8 Touch Rf next to Lf

S4 : SIDE, TOUCH, SIDE, TOUCH, HALF RUMBA BOX FWD, SIDE, TOUCH, SIDE, TOUCH, HALF RUMBA BOX FWD

1&2& Step Rf to side – touch Lf next to Rf – step Lf to side – touch Rf next to Lf
3&4 Step Rf to side – close Lf next to Rf – step Rf forward
5&6& Step Lf to side – touch Rf next to Lf – step Rf to side – touch Lf next to Rf
7&8 Step Lf to side – close Rf next to Lf – step Lf forward

S5 : R ROCK FWD, TRIPLE ½ TURN R, PIVOT ½ TURN R, RUN RUN RUN

1-2 Rock forward on Rf – recover onto Lf
3&4 Turn 1/4 right stepping Rf to side – step Lf beside Rf – turn 1/4 right stepping Rf forward (3:00)
5-6 Step Lf forward – turn 1/2 pivot to right (9:00)
7&8 Run 3 steps forward (L, R, L)

No tag or restart

« Croquez la vie à pleines danses ! » Magali Chabret - galicountry76@yahoo.fr - www.galichabret.com
Fiche originale de la chorégraphe. Merci de ne pas modifier ces pas de quelque manière que ce soit.