

West Coast Dreaming

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Improver
編舞者: Judy Rodgers (USA) - June 2022
音樂: West Coast - OneRepublic



Start on the word 'Up'...right after 32 count intro - 1 tag

S1: Step/dip R touch L, step/dip L touch R, side rock cross shuffle

1-4 Step/dip R to right side, touch L beside R, step/dip L to left side, touch R beside L
5-6 Rock R to right side, recover L
7&8 Cross R over L, step L to left, cross R over L

S2: Turn 1/4 R back touch, back touch, shuffle, back rock

1-2 Turn 1/4 right step L back, touch R beside L 3:00
3-4 Step R back, touch L beside R
5&6 Shuffle back L R L
7-8 Rock R back, recover L

S3: Side rock cross side, behind turn 1/4 L rock recover

1-4 Rock R to right side, recover L, cross R over L, step L to side
5-8 Step R behind L, turn 1/4 left step L fwd, rock R fwd, recover L 12:00

S4: Turn 1/4 R monterey, cross back side hold

1-4 Point R to right side, turn 1/4 right step R beside L, point L to left side, step L beside R 3:00
5-8 Cross R over L, step L back, step R to right side, hold

S5: Turn 1/4 L hold, turn 1/2 L hold, sway sway sway hold

1-4 Turn 1/4 left step L fwd, hold, turn 1/2 left step R back, hold 6:00
5-8 Step/sway L, sway R, sway L, hold

S6: Turn 1/4 R hold step together, back hold side together

1-4 Turn 1/4 right step R fwd, hold, step L to left side, step R beside L 9:00
5-8 Step L back, hold, step R to right side, step L beside R

S7: Rock recover turn 1/2 R hold, step turn 1/4 R cross hold

1-4 Rock R fwd, recover L, turn 1/2 right step R fwd, hold 3:00
5-8 Step L fwd, turn 1/4 right step R to right side, cross L over R, hold 6:00

S8: Side hold back rock (R & L)

1-4 Step R to right side, hold, rock L behind R, recover R
5-8 Step L to left side, hold, rock R behind L, recover L

Wall 5: Add 4-count tag at end of Wall 5 facing 6:00:

V-step

1-4 Step R out to right side, step L out to left side, step R in to center, step L beside R