

My Girl

拍數: 32 牆數: 4 級數: Beginner
編舞者: Marie-Odile Jélinek (FR) - August 2020
音樂: My Girl - Dylan Scott



Dance starts after Intro's 32 counts

~1 Tag/Restart at the end of 3rd Wall at 9H
~1 Restart at 2nd section after Weave of 7th Wall at 6H

Hold on LF

[1to8] CROSS ROCK, RECOVER, CHASSE R, CROSS ROCK, RECOVER, CHASSE L

1-2 Cross RF in front of LF, M : 12H
3&4 Triple to the R (R,L,R)
5-6 Cross LF in front of RF
7&8 Triple LF (L,R,L)

[9 to 16] WEAVE TO LEFT, STEP R ¼ TURN, STEP L ½ TURN, TRIPLE FWD

1-2-3-4 RF in front of LF, LF to the L, RF behind LF, LF ¼ Turn to the L
5-6 RF Pivot ½ Turn to the L M : 3H
7&8 Triple fwd RF

Restart at half of 2nd section of 7th Mur at 6h after Weave! « sans 1 /4 Turn » !

[17 to 24] L ROCK RECOVER FWD, ½ TURN L TRIPLE FWD, R ROCK, RECOVER FWD, ½ TURN R TRIPLE FWD

1-2 Step LF fwd, gather on RF
3&4 Triple into Pivot ½ fwd LF to the L (L,R,L) M : 9H
5-6 Step RF fwd, gather on LF
7 &8 Triple into Pivot ½ fwd RF to the R (R,L,R) M : 3H

[25 to 32] L ROCK RECOVER, BEHIND,SIDE,CROSS, R STEPSIDE, L STOMP, L KICK BALL TOUCH

1-2 LF to the L gather on bw RF
3&4 Cross LF behind RF, RF to the R, cross LF in front of RF
5-6 Pose RF to the R , Stomp LF
7&8 Kick L fwd,LF behind, Touch RF next to LF M : 3H

Here, at the End of 3rd Wall at 9H « TAG » with a Rocking Chair RF

Explaining the : Tag/Restart and Restart

(1) The Tag/Restart take place after the 3rd Wall with :

A Rocking Chair RF at Wall 9h - (Rock Recover Back Rock)

Right Rocking Chair : 1-2-3-4 : RF fwd,Return BW on LF,RF behind, Return BW on LF

Dance resumes

(2) The Restart at the halfway of the 2nd section of the 7th Wall at 6h after the Weave ! « sans 1 /4 Turn » !

Weave to the L : 1-2-3-4 : RF in front of LF, LF to the L, RF behind LF, LF to the L

Resume dance at start

(3) Dance ends lightly on the 3rd section of 9th Wall facing at 12h

Last Update - 27 Apr. 2024 - R1